





# BENELUX LINK

July/August 2006





# **USAG BENELUX**

SHAPE, GB Parking Area

Food & Fun!



**Vocal Contest!** 

Live Music!

Matthew D & Random Tuesday



1 p.m. at the SHAPE







For More Details Call: (068) 27.5589









he US Army does not express or imply an endorsement of the sponsor, its products, or services.









Grandma's, Attic







Colonel Dean A. Nowowiejski Commander, USAG BENELUX

# Commander's Corner

Welcome to those of you who are new to the communities of the Benelux. If you have not received a copy of **The Best of the Benelux**, the **Newcomer's Guide**, please pick one up from your local Army MWR. This guide is designed to help ease your transition with practical information, and to give you an overview of the opportunities available at the Chievres, Brussels, and Schinnen garrisons. Even those of you who have been here for some time, but who are now sponsors, may find surprising, new information about living here in **The Best of the Benelux**.

By the time you read this, Independence Day weekend will have passed. For those of you who attended the celebrations at Brussels on the 1<sup>st</sup>, SHAPE on the 4<sup>th</sup>, and Brunssum on the 8<sup>th</sup>, thank you for your support to celebrating a great American holiday, continued understanding with our NATO partners, and making many good memories. Again, the Community Activity Directors welcome your feedback. I encourage you to always provide feedback on your customer experience with the **Interactive Customer Evaluation**System, or ICE, with a link available on every community website, beginning at ways used benefits our army miles.

beginning at www.usagbenelux.eur.army.mil.

When you take your trips across Europe by car, a new POV risk assessment tool is available to those with AKO accounts. It is called **ASMIS2** and is a state-of-the-art way to reduce your risk and arrive safely. Accounting for more risk factors than you might expect, ASMIS2 will help you avoid many of the pitfalls of European road travel. There are travel planners and weather tools embedded in the POV Risk Assessment and you will receive an overall risk for your trip, whether low, medium. **Wouldn't you like to know the bottom line?** Check the Combat Readiness Center website at crc.army.mil. for the link to the latest POV Risk Assessment Tool, ASMIS2. Army leaders must make this tool mandatory for your subordinates before any weekend pass or leave.

We need your help in **saving energy**. Simply controlling your thermostat this summer, turning off lights, computer peripherals and fans in empty rooms in your government leased quarters or office will help us save funds for essential improvements. If you are using a government vehicle, plan your trips carefully, and please reduce your engine idle time. Money is tight this year. Energy and Euro costs are increasing. The dollar you save may be your own for a community activity that you support. Additionally, your use of the recycling centers at Schinnen and Chievres will protect the environment and cut down on waste disposal costs. Thank you in advance.

waste disposal costs. Thank you in advance.

Women's Equality Day is August 26th. Please watch for special events to honor this day in your community. Our lives are blessed with many volunteers and leaders for whom Women's Equality Day is a celebration of personal success. We should remember and honor them and together foster workplaces free of gender discrimination and sexual harassment. Enjoy your summer in the Benelux!





CSM John M. Gaines USAG BENELUX Command Sergeant Major





Lieutenant Colonel Eric D. Tilley Commander, USAG Schinnen





Lieutenant Colonel Patrick J. Kilroy Commander, USAG Brussels





Lieutenant Colonel John G. Romero Commander, Chievres Garrison

#### **STAFF**

USAG Benelux Commander Colonel Dean A. Nowowiejski

Deputy to the Garrison Commander Debra L. Young

USAG Benelux MWR Director K. Wayne Bardell

USAG Brussels MWR Director William Semans

USAG Schinnen Acting MWR Director Joanne Hernandez

USAG Benelux Acting Marketing Chief William Audretsch

Writer/Editor Johanna Krause johanna.krause@benelux.army.mil

Graphics Design/Photography William Audretsch bill.audretsch@benelux.army.mil

Marketing Coordinator Stacy Nixon stacy.nixon@benelux.army.mil

Marketing Coordinator Sylvia Deiwert sylvia.deiwert@benelux.army.mil

Marketing Specialist Ellison Meier ellison.meier@benlelux.army.mil

Graphics Illustrator Salvador Espinoza salvador.espinoza@benelux.army.mil

Graphic Designer
Jonathan Carpenter

The USAG Benelux publication, "BENELUX Link" is a bimonthly community information source and an addition to the Meteor-Heraut for command-sponsored and leisure-time activities.

Any questions or comments about this magazine, please contact the DMWR Marketing Team at DSN 361-5904.

There is no U.S. government endorsement of any commercial sponsor.

Although the information in the issue is current at time of publication, activities and events are subject to change. Please contact the activity for confirmation.







Schinnen Pages 4-10



Brussels Pages 11-17



Chièvres/SHAPE Pages 19-31

#### In this Issue

Page 3 Lest We Forget

Page 18 Brussels/Schinnen

**Newcomers Page** 

Page 25 Helpful Hints

Page 32 Chièvres/SHAPE Newcomers Page

# Lest We Forget

By William Audretsch



The Declaration of Independence Artist: John Trumbull

Thomas Jefferson wished to be remembered for three achievements in his public life. He had served as the Governor of Virginia, as U.S. Minister to France, as Secretary of State under George Washington; was Vice President under John Adams, and served two terms as President of the United States (1801 - 1809). However, on his tombstone, that he designed and wrote his own inscription, there is no mention of these Offices. Rather, it reads that Thomas Jefferson was "Author of the Declaration of American Independence, of the State of Virginia for religious freedom, and Father of the University of Virginia," and, as he requested, "not a word more." Ironically Jefferson died exactly 50 years after the signing of the "Declaration of Independence."

The former delegate from the State of Virginia set-up residence in Philadelphia, headquarters for the Continental Congress. As the principal author on the drafting committee for "The Declaration Of Independence," he often sat up many nights to complete the changes. The Declaration was ratified by 12 of the 13 Colonies on the 4th of July, 1776, forty nine changes later. The Declaration of Independence put the new revolutionary republic straight on a collision course with England and King George III. It was no longer about small battles, but full scale war. In the coming years, their would be more blood spilt, but there was no turning back for the newly formed republic, called "United States of America."

"Neither aiming at originality of principle or sentiment, nor yet copied from any particular and previous writing, it was intended to be an expression of the American mind." - Thomas Jefferson

Jefferson will be remembered by most Americans as the mind behind the Declaration of Independence. Even the preamble can still be quoted by most school children years after their last history class; "When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another..." Though without a computer, and no quick Internet connection to bring a wealth of reference material, Jefferson and the elected delegates helped build the greatest Democracy the world has yet seen. Quite an achievement for a group of men with just pen and paper.

Bldg. 39, Schinnen DSN 360-7500; CIV 046-443-7500 Outside Holland, call: CIV 0031-46-443-7500 Mon - Fri, 8 a.m. - 5 p.m. Contact ACS 24/7 at: ACS-Schinnen@benelux.army.mil

Take advantage of these great opportunities to enrich your life. Call ACS today to sign up and register for our wide range of classes and programs.

#### **Relocation Assistance Program** DSN 360-7512; CIV 046-443-7512

#### **Newcomer's Orientation Tour**

Second and fourth Friday of the month, 9 a.m. - 3:30 p.m.

Familiarize yourself with the Triborder area by visiting military and civilian sites. We'll give you the information needed to ease your transition and lessen your stress.

#### **Sponsorship Training**

Every third Wednesday of the month, 2 p.m. - 3:30 p.m.

Learn about becoming a sponsor for new people coming into the area. We offer a monthly class for soldiers and civilians who have been appointed to sponsor a newcomer.

#### **International Spouses Orientation**

ACS Conference Room Last Wednesday of the month, 2 p.m.- 3 p.m.

Foreign born spouses coping with cultural differences and military life can receive support and assistance in this class.

Family Advocacy Program (FAP) DSN 360-7500; CIV 046-443-7500

#### **FAP Prevention Education**

Classes are free and on a first come first serve basis. Pre-registration is required.

#### **Friday Family Film Night**

Every Friday, beginning at 6:30 p.m. in the ACS Conference Room, we offer a free dinner followed by thought provoking films to stimulate discussion among family members on topics such as parenting, relationships, and teenage issues. Call DSN 360-7367; CIV 046-443-7367 to make a reservation.

#### ARMY COMMUNITY SERVICE

#### **Get a Grip Series**

This series is designed for couples and students. Students meet Tuesday, 3:30 p.m.- 4:30 p.m. at AFNORTH International School. Couples meet Tuesday evenings, 6 p.m. - 8 p.m. ACS, Schinnen.

#### Get a Grip on Building Relationships

This workshop is packed with techniques that can help people get along better with friends, family, teachers, and at the workplace.

#### Get a Grip on Communicating

Participants will come to understand the importance of learning and using effective communication skills. Effective verbal and non-verbal communication will be explored.

#### Get a Grip on Anger

This is a hands-on workshop to deal constructively with anger. Learn strategies to help calm things down in your life.

#### Get a Grip on Teenage Stress

Discuss causes and methods of coping with the persistent onset of stress.

#### **New Parent Education and Support Program (NPSP)**

DSN 360-7335; CIV 046-443-7335

#### **Home Visitation Program**

Peri-natal and parenting education (for children up to three yrs. old) in your home. Call NPSP for more details.

#### Birth, Breast-feeding and **Beyond**

Schinnen, Sports Center Invaluable information on childbirth, infant nutrition and newborn care in a six class series. Please call for September class dates.

#### **Play Mornings**

Schinnen, Sports Center Thu, 9:30 a.m. - 11:30 a.m. This interactive and educational playgroup is designed to develop parenting skills and give parents and kids a chance to socialize.

#### **OB Orientation/Prenatal Education Class**

Sept 5, 10 a.m. - noon Geilenkirchen Clinic Conference Room, Learn about cultural differences, giving birth overseas and community resources.

#### ARMY COMMUNITY SERVICE

#### **Breast-feeding Support**

Third Wednesday of the month, 10 a.m. - 11 a.m. Schinnen, ACS Conference Room Dedicated to providing education, information, support, and encouragement to women who want to breast-feed or are already breastfeeding.

#### **Heerlen Hospital Tour**

DSN 360-7335; CIV 046-443-7335 Visit the labor and delivery unit and meet with OB labor and delivery nurses. Transportation is provided. Please contact NPSP to register.

#### **Employment Readiness**

DSN 360-7269; CIV 046-443-7269

#### **Finding Employment Workshop**

Tue.10 a.m. - noon. Please sign up with ACS. Gain knowledge about job searching skills and where to find employment within the area.

#### Hands on Resume/Resumix Workshop

ACS Resource Lab Tue, 2 p.m. - 4 p.m. Learn how to create, store, send a resume online, and how to apply for federal government jobs.

#### **Deployment and Mobilization** Readiness

DSN 360-7218; CIV 046-443-7218

#### **Webcams, VTC and Morale Phone** Calls

In cases of deployment, TDY, PCS move, hospitalization or any other event that might separate you from your family and make you lonely or homesick, ACS now has free live webcams and VTC available. Use them when you want to share special moments such as a new baby, a graduation or to send birthday greetings. The service is offered daily, but only by appointment. Please call in advance for the VTC service.

#### **Deployed Coffee Hour/Tea**

July, 12, 25 and Aug 9, 22 10 a.m. - 11 a.m. Families and friends of deployed Soldiers get together in the Yellow Ribbon Room and enjoy conversation, coffee or tea and treats.

**Operation Ready Training** 

ACS Yellow Ribbon Room July 26 and Aug 23, 3 p.m. - 4 p.m.

This training is offered monthly for those seeking valuable information on upcoming separations, whatever their nature.

We know how difficult the drive can be, so Deployment and Mobilization will come to you in the Rotterdam community on July 19 and Aug 16.

# Financial Readiness and Army Emergency Relief

DSN 360-7450; CIV 046-443-7450

#### **Financial Readiness Classes**

Third Wednesday of the month, 10 a.m. - 11:30 a.m.

The class covers banking and credit union services, budget development, record keeping, debt liquidation, insurance and more.

#### **ARMY COMMUNITY SERVICE**

#### **Financial Focus**

Second Wednesday of the month, 10 a.m. - 11:30 a.m.

Two part class for first term Soldiers. Part one covers check writing and record keeping. Part two is a financial readiness class for all junior enlisted. Get tips on how to stretch your dollars.

# One-on-One Financial Counseling (Off-Site)

AFNORTH Battalion Conference Room, 2 p.m. - 4 p.m. Every second and fourth Wednesday of the month. Receive specialized help and support on subjects ranging from understanding your local utility bills to advice on your personal finances. Please call for times offered at the Rotterdam Community Center.



Life in the military can be pretty challenging at times—especially for those of you who are just getting acquainted! You might find yourself moving to different parts of the world every couple of years. Your children might be constantly switching schools. You might find yourself wondering how your spouse is doing while on a deployment or you might be an Active Duty Member wondering how your family is doing while you are deployed.

Army Family Team Building (AFTB) instructors can help you out through these and many other situations by imparting what they know and what they have learned in being a part of the military community. AFTB recently held an Instructor Training Course at USAG Schinnen that introduced six new instructors to the team—Beatrice Constantine, Katrina Yunt, Thomas Dworak, Marie Claxton, Trudy Wheatley, and Susan Dawson.

All of the AFTB instructors are truly dedicated to helping others. Each of them actively participates in volunteer functions outside of AFTB. You are bound to run into them in the community.

For full details on upcoming courses this fall, be sure to call Marina Tietjen in the Schinnen AFTB office at CIV 046-437-7482 or DSN 360-7482.

#### **ARMY COMMUNITY SERVICE**

# Army Family Team Building (AFTB)

DSN 360-7464; CIV 046-443-7464 Designed by families for families, AFTB, in short, is free basic training for personal and professional development. The AFTB program offers a full spectrum of helpful one hour courses conducted at the ACS Conference Room.

#### **AFTB Classes for July/Aug**

July 11, 2 p.m. - Intro to Military and Civilian Community Resources

July 13, 1 p.m. - Enhancing Relationship Building July 25, 2 p.m. - Listening Skills July 27, 1 p.m. - Supporting Your Child's Education Aug 1, 2 p.m. - Introduction to Effective Leadership Aug 10, 1 p.m. - Building Self-Esteem

Aug 22, 2 p.m. - Intro to Family Financial Readiness
Aug 31, 1 p.m. - Management

Aug 31, 1 p.m. - Management Skills: Communication

Volunteers are needed! Help teach the training modules, provide on-site childcare, and perform administrative duties in support of AFTB.

#### **Army Volunteer Services**

DSN 360-7451; CIV 046-443-7451 Come share your skills with the community. Get involved and help promote community well being. For Volunteer openings contact the Army Volunteer Corps Coordinator.

#### **TAP Workshop**

DSN 360-7269; CIV 046-443-7269 ACS Conference Room July 11 - 13, 9 a.m. - 4:30 p.m. Attend this three-day workshop and learn the skills necessary for effective job searching and successful interviewing. Please call to register.

# **Exceptional Family Member Program (EFMP)**

DSN 360-7371; CIV 046-443-7371 An exceptional family member is a family member (child or adult) with a physical, emotional, developmental, or intellectual disorder requiring special treatment, therapy, education, training, or counseling. In short, EFMP offers advocacy for family members with special needs. Please call us for additional information or if you are already in the program and have not been contacted by ACS.

# CHILD & YOUTH SERVICES Child Development Center (CDC)

JFC HQ Brunssum
DSN 364-2575; CIV 045-526-2575
Full day care for infants and kindergarten children.
Part Day Preschool (three to five year olds) on Mon, Wed, Fri or Tue, Thu or Mon - Fri, 9 a.m. - noon.
Hourly care is also available with a reservation. Register at Central Enrollment.

#### School Age Services (SAS)

JFC HQ Brunssum, DSN 364-3004/2575 CIV 045-526-3004/2575 Before and after school care, first through fifth and sixth grades. Full day care on school out days. Hourly care is also available.

#### **Youth Services (YS)**

Bldg. H603, JFC HQ Brunssum DSN 364-3008; CIV 045-526-3008 Mon - Fri, 3:30 - 6 p.m. School Out Days, 8 a.m. - 6 p.m. During our Summer Program, Wednesdays are big trip days with outings to Walibi World Belgium on July 5. Warner Brothers Movie Park on July 12. Walibi World Holland on July 19 and Go Carts in Vaals on July 26. In August we visit Phantasialand on the 2nd, Zilvermeer Beach, Belgium on the 9th and Walibi World Holland again on the 16th. Please call for prices and full details on these plus smaller weekday trips to Snow World, local tennis courts, bowling centers, swimming pools, and even a day of laser tag. On August 18 be sure not to miss the big End of Summer Party.

#### **Youth Sponsorship**

Ease your transition into the community by requesting a youth sponsor. Want to become a sponsor? Free training is available. Call YS or email us at: cys.schinnen@benelux.army.mil

#### **Technology Labs**

YS and SAS have brand new technology labs. Come check out all the new computer games like Rollercoaster, Tycoon II, Sims City IV, Tetris Works, and Flight Simulator.

#### **Youth Sports**

DSN 364-6056; CIV 045-563-6056 or CER in Treebeek at DSN 364-6221 or CIV 045-563-6221 This summer we offer two camps, Basketball and Cheerleading, running from July 11 through

#### **CHILD AND YOUTH SERVICES**

August 12
Cost is \$15 for three
two-hour weekly sessions.
Registration begins August 1 for
Fall league sports to include soccer,
flag football and cheerleading.
Practice will be Mon-Thu. Please
call for further details.

#### **School Liaison Services**

Treebeek Education Center DSN 364-6141; CIV 045-526-6141 Good information on school transitions, reduced price lunch program, and youth sponsorship.

# Job and Volunteer Opportunities at CYS:

Program Assistants work with infants through high school. Salary is linked to training and experience. Free training is provided. Volunteer Head Coaches receive free and discounted sports enrollment for their children.

**Volunteers** are always welcome in our programs to hold a baby, play with a child, or teach a skill to a teen. Contact Central Enrollment and Registration at DSN 364-6019 or CIV 045-563-6019 for more information.

# COMMUNITY RECREATION In Recreation Plaza

Recreation Plaza features a Bowling Center, the Memories Lane Lounge, Children's Play Center, the Pin Point Café, Harry's BBQ, an adult recreation room with game machines, and the Andre Bruls Fitness Center.

#### **Schinnen BOWLING CENTER**

Bldg. 40, Schinnen DSN 360-7207 CIV 046-443-7207 Wed - Sat, 11 a.m. - 9 p.m. Sun, 11 a.m. - 6 p.m. The Schinnen Bowling Center offers a 12-lane house with Cosmic Bowling, league bowling, and open bowling. Get together with friends in the Memories Lane Lounge every Friday at 4 p.m. for Social Hour and munch on some delicious free finger foods. Exciting Cosmic Bowling follows, getting underway at 6 p.m. Bowl weekdays for \$1/game \initialia Wed - Fri,11 a.m. - 4 p.m

#### **Good Grades Get Free Games!**

Bring your latest school report cards and get a free game for each A or B you earned. It doesn't take an Einstein to see this is one sweet deal.

#### **COMMUNITY RECREATION**

#### 101 Days of Summer

Hey kids, here's another outstanding deal. This is your chance to win a trip for four to an Aly & AJ Concert or for you and 100 of your closest friends to see a private screening of "How to Eat Fried Worms" or to win some great prizes. Not only do you get a shot at winning, you bowl one game and get one free during this promotion that runs through September 4.

#### Harry's BBQ

Schinnen Bowling Center DSN 360-7527; CIV 046-443-7527 Tue, 11 a.m. - 2 p.m. Wed, 11 a.m. - 8 p.m. Thu - Fri, 4 p.m. - 8 p.m. Sat, 11 a.m. - 6 p.m. Sun, noon - 4 p.m.

Renowned for Harry's succulent baby-back pork ribs. NEW! Pork chops platter and Shoarma on a bun.

#### **Pin Point Cafe**

Schinnen Bowling Center DSN 360-7527; CIV 046-443-7527 Wed - Fri, 11 a.m. - 8 p.m. Sat, 11 a.m. - 6 p.m. Tasty chicken baskets, an excellent selection of delectable sandwiches, and the best burgers in town.

#### **LIBRARY**

JFC HQ Brunssum
DSN 364-2669; 045-526-2669
Tue - Wed, 10 a.m. - 8 p.m.,
Thu - Fri, 10 a.m. - 6 p.m.
Sat - Sun, noon - 4 p.m.
www.JFCBrunssumlibrary.eur.
army.mil

This year's Summer Reading Program will pursue two imaginative themes: "Paws, Claws, Scales and Tales" for school age children and "Creature Features" for teens. Participants can register for the program beginning June 27 and are eligible to receive a variety of prizes based on the number of books read. Preschool children may earn prizes by having books read aloud to them. Please call for full details.





runs through Aug 20





#### **MWR TRIPS AND TOURS**

Andre Bruls Fitness Center DSN 360-7561: CIV 046-443-7561 Take the worry out of travel and relax on any of our fun summer outings. Trips are open to all U.S. and NATO ID card holders Note: For NATO ID card holders to get onto Schinnen, they must have an IACS pass, which can be obtained through their delegation commanders.

#### **Paris**

July 22 (Sat) Price: **\$49** 

#### **Rotterdam's Summer Carneval**

July 29 (Sat) Price: \$29

#### **Amsterdam**

Aug 5 (Sat) Price: \$32.50

#### London

Aug 18 - 21 (Fri - Mon) We are staying for three nights at a three star hotel - breakfast included. Price: \$259 (\$90 single supplement)

#### Oberwesel, Germany

Sep 9 (Sat)

Join us for a wine fest and the Rhine in Flames Festival.

Price: **\$35** 

#### Luxembourg

Sep 23 (Sat)

Join us on this trip to the beautiful capital city of Luxembourg, for shopping, sightseeing, and a visit to the American Cemetery.

Price: \$32.50

#### **SATO TRAVEL**

Schinnen, Bldg. 4 DSN 360-7482; CIV 046-443-7482 Mon - Fri, 8 a.m. - 5 p.m.

SATO Travel is a full service travel agency for military, government, and personal travel. We offer services such as airline and train reservations as well as tickets and information on trips and tours.

#### **FITNESS & SPORTS**

Bldg. 38, Schinnen Andre Bruls Fitness Center DSN 360-7561; CIV 046-443-7561 Mon - Fri, 6 a.m. - 8 p.m. Sat, Sun, and holidays 9 a.m. - 5 p.m. **Body Relax** Thu, 5 p.m. - 6 p.m.

**Spinning Classes** Thu and Fri, 11:30 a.m. - 12:15 p.m. Be sure to ask about our other courses in circuit training and racquetball.

**MWR Trips & Tours** 

# Weekend Trip to



#### **INDOOR SWIMMING POOL**

Located next to the Arts and Crafts Center on JFC HQ Brunssum. DSN 364-3172; CIV 045-443-3172 Tue - Fri, 4 p.m. - 7 p.m., and Sat - Sun, noon - 4 p.m. Enjoy the indoor pool and take advantage of a variety of classes to include scuba diving and water aerobics. Catered parties and special events are available for a fee, Fri, 7 p.m. - 9 p.m. and weekends 4 p.m. - 6 p.m. Lap Swim, Mon - Fri, 7a.m. - 8 a.m. Public/Family Swim, Tue - Fri, weekends, 3 p.m. - 6:30 p.m.

#### TAX RELIEF OFFICE (VAT)

Schinnen, Bldg. 39, next to the Community Bank. DSN 360-1780; CIV 046-443-1780, Mon - Fri, 8 a.m. - 4 p.m.

#### **MOVIE THEATER/ALLIANCE**

JFC HQ Brunssum DSN 364-2110; CIV 045-526-2110 Fri - Sun Box Office Opens 6:30 p.m. Movie at 7 p.m. Saturday Matinee at 4 p.m.

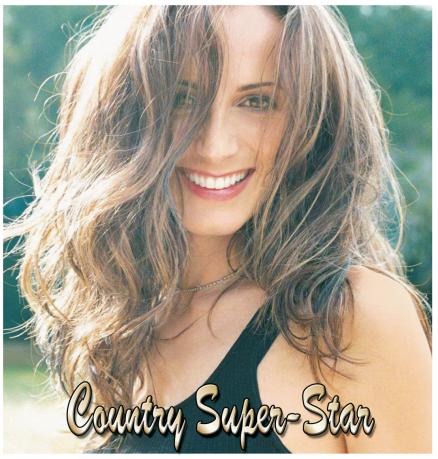
# Day Trip To The



Round trip in luxury motor coach (non smoking). Assigned seating on first come & pay basis. This trip is open to all U.S. & NATO ID card holders

Register with full payment by 2 September 06 at the Schinnen Fitness Center

For more information call DSN 360-7561 / CIV 046-4437561 SchinnenFC@benelux.army.mi



# CHELY WRIGHT

## 25 JULY, 7P.M. USAG SCHINNEN SPORTS FIELD



Food and refreshments will be available.

Open to U.S. and NATO ID card holders.



#### **ARTS & CRAFTS CENTER**

Bldg. H607, JFC HQ Brunssum DSN 364-2454 CIV 045-526-2454 Tue - Thu,10 a.m. - 5 p.m. Wed,10 a.m. - 9 p.m. Sun,1 p.m. - 5 p.m. Class times and dates are generally flexible and are often selected based on an interest list. Call or drop by to reserve a spot in the following classes.

#### **Fine Art**

Thu,10 a.m. - noon.
Painting (oil, acrylic, egg tempera, water color) and drawing (pencil, pastel, chalk, charcoal). Ask about new classes for children.

#### **Scrap Booking**

Looking for some easy organizational ideas? Learn how to create an interesting album.

#### **ARTS & CRAFTS CENTER**

# Book Binding, Linen and Leather Workshop

Wed, 6 p.m. - 9 p.m.
Sign up for three three-hour
workshops and learn the rare art of
book binding. Finish two books,
including materials, for €37.

#### **Book Restoration Class**

In this three hour class you'll discover the art of book restoration. Please come to the craft shop to see the beautiful examples.

#### **Computerized Engraving**

This is the perfect place for you to engrave plaques, signs, plates, outdoor signs, door plates or diplomas.

#### **ARTS & CRAFTS CENTER**

# **Basic Matting and Framing Workshop**

Wed, 5:30 p.m. - 8:30 p.m.
Learn how to frame your
pictures, prints, artwork and
collectibles. Instruction covers how
to select molding and mat colors,
and how to accurately measure and
cut mats and glass. The workshop
cost is €35.

#### Rubber Stamp Art, Stained Glass Course, Dry Brush Ceramic Painting

Call for times and dates.

#### **Cake Decorating Class**

Tracy will instruct beginners in novelty cake design. Impress your friends with cakes for any occasion. €15 includes all materials and instruction. Ask about our new bread baking classes.

#### **NEW to the Ceramic Shop?**

To use the facility, you must complete this beginner ceramic pouring class offered Wednesday. Gary instructs you on mold and tool use and cleaning techniques. Upon completion, you'll receive a firing number which allows you future access to the facility.

#### **Basic Ceramic Painting Class**

Sign up to learn three different painting styles. Please bring an item to paint in class.

#### **Gem Tree Class**

€11 includes all materials and instruction on how to make a great gift.

#### **Custom Frame Center**

Bldg. H607, JFC HQ Brunssum DSN 364-3821; CIV 045-526-3821 The Center has ready-made frames and mats in many sizes and styles for immediate pick-up. We will be happy to special order that perfect frame and help showcase your pictures, prints and posters. We also offer dry-mounting, laminating and shrink wrapping, and can suggest the best way to preserve and frame your treasures.

#### **Assorted Posters for Sale**

We have movie posters plus over 65 different standard size posters for sale in the Custom Frame Shop for only €5 each.

#### **New Classes!**

Sign-up for cross-stitching and crocheting classes.

#### **CHILD & YOUTH SERVICES**

Programs are open to all U.S. and NATO ID card holders. All children and youth must be registered through Central Enrollment and Registration (CER) to use our services. A yearly registration fee is required. CER enrolls children in programs and maintains waiting lists when needed.

# Central Enrollment and Registration (CER)

Treebeek Education Center DSN 364-6221; CIV 045-563-6221 cys.schinnen@benelux.army.mil Mon - Fri, 8 a.m. - 3 p.m., walk-ins Mon - Fri, 3 p.m.- 5 p.m., appointments Closed U.S./NATO holidays

#### **Family Child Care**

Treebeek Education Center DSN 364-6221; CIV 045-563-6221 Full day/extended/hourly care for infants up to sixth grade. Call for information on child care.

Family Child Care Providers are needed. Would you like to work at home taking care of children in your government leased quarters? Call today for an application and further information.



#### **AUTO CRAFT SHOP**

JFC Brunssum DSN 364-3173; CIV 045-526-3173 Tue, 8 a.m. - 4 p.m. Wed, 9 a.m. - 5 p.m. Thu, noon - 8 p.m. Fri - Sat, 8:30 a.m. - 4:30 p.m.



#### **MWR/BOSS Office**

Treebeek Education Center Room 132 DSN 364-3877; CIV 045-526-3877



BOSS meets at 3:30 p.m., July 12 in the Treebeek Education Center and July 26 in the Geilenkirchen Clinic Conference Room. August dates are the 9th in Treebeek and the 23rd at GK.

Please call for details on a BOSS outing in early August to the Czech Republic.

# ROTTERDAM PROGRAMS AND ACTIVITIES

# Director of Morale, Welfare and Recreation (DMWR) Office

DSN 362-2420; CIV 010-459-2420 If you have any questions about the following activities, please contact our office.

# Family Readiness Group (FRG) MWR Coordinator

DSN 362-2493; CIV 010-459-2493 Our Community Room is open 24 hours a day. Soldiers and families benefit from helping one another cope with the rigors of Army life. The FRG can be a shoulder to cry on or an ear to listen. Drop by anytime.

#### **Arts & Crafts**

DSN 362-2457; CIV 010-459-2457 Mon - Fri, 9 a.m. - 4 p.m. Summer vacation is a good time of year to take advantage of our excellent facilities. We also offer a large selection of sports equipment rentals.

#### Library

DSN 362-2454; CIV 010-459-2454 Mon - Fri, 10 a.m. - 6 p.m. Closed 1 p.m. - 2 p.m. for lunch.

#### **HAL'S Lounge**

Socialize with friends Mon - Thu, 2:30 p.m. - 8 p.m. and Fri, 4:30 p.m. - 10 p.m. Don't miss BOSS movie nights Sat, May 27 and June 24.

# Fitness Center, Weight Room, Car Wash and Car Lift

All facilities are open 24 hours a day for your convenience.

## **PEOPLE IN YOUR COMMUNITY**

by Ellison Meier

Sonja Lubitz came to the Schinnen community from Chièvres in late 2001 as a Budget Technician. Hard work and a winning personality won her a recent promotion to Financial Management Officer for USAG Schinnen. Born in Bamberg, Germany, Sonja began her career with the Army in 1976 at Bamberg Housing. She married an American Soldier stationed there and in subsequent years they've called California, Italy and Belgium home. She and her husband take every chance they get to visit spots around the world. This year they've planned a trip to the Dominican Republic and a visit to her now grown children in Washington State. In addition to her travels, Sonja is an avid reader and enjoys taking her Shitsu, Brandy, on long walks through picturesque Limburg. Sonja stays busy by volunteering for every special event that comes to the community. She says she loves Schinnen and working with the great crew in DMWR.



#### **USAG BRUSSELS**

#### **ARMY COMMUNITY SERVICE**

ACS, Bldg. 4, top floor DSN 368-9783; CIV 02-717-9783 Mon - Fri, 8 a.m. - 5 p.m.

#### 2006 Belgian Tax Forms

You are going to start receiving them in the mail at home... What to do with the "big brown envelope"?

- 1. Make a copy of the tax form's front page and keep the the original.
- 2. Make a copy of both sides of your and your sponsor's military or Army civilian ID card.
- 3. Bring those copies Mon, Tue, Thu or Fri to ACS, USAG Brussels.
- 4. ACS will process and bring your paperwork to SHAPE.
- 5. You will receive an e-mail when your letter of exemption is ready to be picked up.
- 6. You will need to sign the letter of exemption and send it in the provided envelope to the Belgian Ministry of Finance, together with the original tax form.

#### Listen to CD's from MOS On-Line

A new online feature has been integrated into Military OneSource online. Soldiers and family members now have the ability to download and listen to award winning CD's directly from the Web site. This new feature is one of several the Ceridian company is working on to offer innovative Web-based solutions designed to provide soldiers and family members with immediate access information. They can listen to or download tracks, even an entire CD onto their computer. Text versions can be viewed and printed. Hard copies of the text versions as well as CD's may be ordered. For added convenience, tracks can be downloaded to an iPod or Mp3 player. To access a CD online, "click" on any CD from a resource room with an option to "listen/download." From there an easy-to-use interface makes it simple to listen and download materials

#### **Metro Madness**

July 14, Aug 25
9:30 a.m. - 2:30 p.m.
Meeting Place: USAG Brussels, ACS
The easiest way to travel in the
Brussels Capital region is to use the
public transportation system. Our
class, followed by an exploratory trip,
will assist you to become acquainted
with the tram, the bus and the metro.
Call ACS to sign up.

#### **ARMY COMMUNITY SERVICE**

Free Computer Classes
DSN 368-9783; CIV 02-717-9783
Come to the USAG Brussels
community computer lab for the
following free workshops:

MS-Word: Tue, September 5; 9 a.m. - 1 p.m.

MS-Excel: Tue, May 16, June 13 and September 6; 9 a.m. - 1 p.m.

MS-PowerPoint& MS-Outlook: Wed, May 17, June 14 and September 7, 9 a.m. - 1 p.m.

MS-Access: Thu, May 18, June 15 and September 8, 9 a.m. - 1 p.m.

Audience is limited to Tri-Mission family members (ID card holders) actively seeking employment and willing to learn the skills necessary to use computer programs. Call ACS to register.

#### **Newcomer's Briefing**

USAG Brussels Conference room Bldg. 2

July 18, Aug 22, 8:45 a.m.- 2:30 p.m. Key agencies will present a brief overview of their programs, answer questions, ensure a smoother transition for new arrivals. July 19, Aug 23, 9:30 a.m. - 2 p.m. Tour of the Leuven "Gasthuisberg" hospital, info about local customs and *Moving & Stress* workshop. July 20, Aug 24, 9:30 a.m. - 11 a.m. The director of the Delhaize in Kraainem will familiarize you with a local food store.

# Transition Assistance Program USAG Brussels, Bldg. 2,

Conference Room
DSN 368-9783; CIV 02-717-9783

The Transition Assistance Program or TAP is open to all military members, their spouses, and civilians contemplating leaving government service. It includes a pre-separation briefing and a career transition workshop. The preseparation briefing reviews the benefits and services available to military service members and their families as they transit from the service. The career transition workshop will cover such topics as interviewing, reviewing job offers, support and assistance, career exploration, strategies for an effective job search and much more. Call for the next seminar dates. A remote services program is now available at www.acap.army.mil.

# ARMY COMMUNITY SERVICE Changes in accessing the "Military One Source" Web site

Military OneSource online has launched a new registration process called membership. Users of the Military OneSource Web site will now be required to create their own unique user identification and password to gain full access to the site. This change will improve user access to the site by eliminating the need for users to learn the branch-specific user identification and password. Military OneSource users that have previously created personalized accounts will continue to log on using their personal identification and password. This change is effective immediately.

If you have forgotten your password you must follow the link to "Get a reminder of your login information." Follow the directions and your password will be sent to you via e-mail. If you are new to Military OneSource, you will need to create a membership, which takes less than a minute to complete.

To create a membership, go to the Military OneSource homepage at www.militaryonesource.com and select "My Military OneSource/Signup." Once completed you will receive an e-mail confirmation from Military OneSource. Once you've received your confirmation, simply log-in and you will be sent directly to your branch-specific Web page.

# **Consultation Services by Military One Source**

Did you know that Military OneSource provides advice and useful information such as financial planning, retirement. disability, parenting and childcare? For more information call Military OneSource and speak with a consultant. From the United States dial 1-800-342-9647; overseas toll free dial: access code (\*) 800-3429-6477; deployed and from remote areas call collect: 484-530-5908. For Spanish dial: 1-877-88-0727. TTY/TDD accessible at: 1-866-607-6794. \*Please note that callers from Europe need to dial 00 before dialing the overseas toll free number.

# ARMY COMMUNITY SERVICE VA Benefits

DSN 368-9783; CIV 02-717-9783

USAG Brussels is hosting a seminar on VA benefits, which will be presented by Department of Veterans Affairs representatives. The seminars will cover the following topics: education benefits, home loan guarantees, life insurance, compensation for service, connected disabilities, vocational rehabilitation and employment, VA health care, death and survivor benefits, VA special programs, and additional VA benefits and services. Join us on July 12, 10 a.m. - noon. Call to register. Please note that while briefings are primarily for the benefit of active duty military personnel, family members and retirees are always welcome to attend!

#### **Financial Readiness**

Bldg. 4, top floor, Room 325 DSN 368-9698: CIV 02-717-9698

# **Exceptional Family Member Program**

DSN 368-9693; CIV 02-717-9693

EFMP can be a positive resource for your family, despite the stigma attached to it in the past. EFMP covers everything from asthma to xenophobia. USAG Brussels EFMP is working on improving the health and welfare of the military family. Currently, the EFMP staff lead by Terry, a licensed clinical social worker, is collaborating with the NATO Health Clinic and the BAS school nurse in order to generate fitness awareness and promote a healthy lifestyle for children. If you have any questions, comments or suggestions

give us a call or stop by our office.

#### ARMY COMMUNITY SERVICE Emergency Placement Care

DSN 368-9693/9783 CIV 02-717-9693/9783

**Program** 

CIV 02-717-9693/9783
ACS is looking for providers for the Emergency Placement Care
Program. Help support the Brussels
American Community by providing
children in crisis with a safe and
caring environment. Certification and
training are provided and costs are
reimbursed. For more information
about this short-term intervention
program, please contact the USAG
Brussels, ACS Soldier and Family
Readiness Program Manager.

# New Parent Education & Support Program (NPESP)

Bldg. 2, Room 256, Chapel area DSN 368-9684; CIV 02-717-9684

#### **Prenatal Classes**

6 p.m. - 8 p.m.

The new Parent Education and Support Program provides ongoing prenatal classes. If you are expecting a baby, or if you have questions about having a baby in Belgium, sign up for this class! The following are just some of the topics we cover: having a baby in Belgium, stages of labor, interventions, labor signs, epidural, relaxation techniques, men's role and much more. For more information or to sign up in advance, call ACS.

# **ARMY COMMUNITY SERVICE Infant CPR & First Aid**

Fellowship Hall, Chapel area, Bldg. 2 July 12, Aug 12, 10 a.m. - noon Are you prepared to save your infant's/child's life? Not sure how to avoid children's injuries inside and outside your home, or even how to handle an emergency? Learn CPR, rescue breathing techniques, and basic first aid treatment for children under eight years of age. Call ACS for more details and to sign up.

#### **Infant Massage**

Fellowship Hall, Chapel area, Bldg. 2 July 19, Aug 16, 11 a.m. - noon With this nurturing touch class, discover the ways in which baby massage can benefit both you and your baby. Learn how to use soothing massage to aid sleep and restlessness. It's also a great way for you and your baby to relax and have fun together! Call ACS for next class dates and to sign up.

#### **Toddler Playgroup**

USAG Brussels Performing Arts Center, Bldg. 4, ground floor DSN 368 - 9684; CIV 02-717-9684 Tue and Fri, 10 a.m. - noon

No sign up required! Come have some fun with your kids and meet other parents.

#### **Toddler Tantrums**

USAG Brussels Performing Arts Center, Bldg. 4, ground floor DSN 368-9783; CIV 02-717-9783

Do you feel stressed when your toddler has a temper tantrum? Learn

effective coping techniques at this ACS workshop. Call ACS for more information and to register.



# **CHILD ADOPTION SEMINAR**

July 7, 1 p.m. - USAG Brussels Three-Star Lounge

The Belgian adoption agency SJA and U.S. Consular on Immigration will be available to answer your questions concerning the adoption process, citizenship, and other legal issues while here in Belgium. This seminar is free, open to all, and brought to you by the ACS, Family Advocacy Program. For more information call Terry at DSN 368-9693; CIV 02-717-9693 or Elsa at DSN 368-9684; CIV 02-717-9684.

# CHILD AND YOUTH SERVICES Central Registration

DSN 368-9651; CIV 02-717-9651 Mon, Tue, Wed, Fri, 9:30 a.m - 5 p.m. Thu, 2 p.m. - 5 p.m. Registration for SAS and Middle School/Teen after school programs is ongoing at the Youth Center.

#### Newcomer's Club & Youth Sponsorship Program DSN 368-9670; CIV 02-717-9670

If you or someone you know is transitioning into or out of the Brussels community, be sure to check out the CYS Newcomer's Club. Our goal is to help smooth the transition process for children in grades K-12. Sign up the day before the club meeting (after you register with CYS). SAS parents can use the five free hours per month for the club time. Parents are welcome to join along with youth!

# Newcomer's Club Summer Program Dates:

July 3, 11 a.m. - noon Friendship collage and "jello jigglers" July 10, 11 a.m. - noon Simple French & Dutch words and vocabulary bingo. Prizes! July 17, 11 a.m. - noon Belgian cooking - fruit topped waffles, yummy! Practice your French & Dutch by naming the fruits. July 31, 10 a.m. - 1 p.m. Field trip to the Belgian toy store and Quick restaurant. Learn where all the "cool" toys can be found and what Belgian fast food is like. Permission slip and €15 spending money required.

Keystone Club is currently not in operation. We need a teen to help us organize this club for ninth through 12th grades. What about taking up the challenge? If you would like to volunteer, stop by and see the CYS director!

#### **Brussels Torch Club**

DSN 368-9651; CIV 02-717-9651 Join and participate in the junior leadership club which meets the first Monday and third Wednesday of each month. This club plans all the events, dances, trips and community service projects for the Middle School Teen Center (MST). Earn volunteer and service hours for participating! Free snacks and prizes offered at all meetings. Sixth through eighth grades.

# CHILD AND YOUTH SERVICES Have a "Funtastic" Summer with CYS!

DSN 368-9651; CIV 02-717-9651

Summer camps are available through USAG Brussels CYS for youth in completed grades K through five and six through 12. Highlights for this year include: overnight camping, outdoor adventure-leadership camp, summer theater workshop, and exciting weekly trips to exotic places. Call for more information.

July 23 - 28, Middle School/Teen Outdoor Adventure-Leadership Camp in Berchtesgaden, Germany. Departure at 7 a.m. on Sunday, return at 7 p.m. on Friday. Cost is \$70. Make sure you register and pay by July 7.

Aug 4, National Kids Day
1 p.m. - 4 p.m. (rain or shine)
For youth ages three and up and
their parents. Best of all it is FREE!
Please bring a dessert to share. For
youth ages four to six - join us for an
afternoon of fun and just plain
craziness! Parents need to be
present. There will be parent-child
contests, face painting, sack races,
a whacky relay, prizes and more.
Don't miss out on this special day
designed to honor our youth.

Aug 7 - 11, Flag Football Camp Location: BAS fields. 9 a.m. - 3 p.m. For youth ages eight through 18. Fee: Sponsored by BGCA & NFL grant. Instructor: Tuck. Sign up by July 21!

#### **CYS Summer Camp Registration**

DSN 368-9651: CIV 02-717-9651 Dear parents & CYS members, it is time to register for the CYS Summer Camp programs! This year we have many new things to offer you: a SAS camp, MST camp, Theater camp, an overnight trip to Bavaria, several overnight camping trips and so much more. We have put it all together in a booklet format for you to pick up and make your selection. Some of the programs have limited spaces so it is important to register early. See you very soon! Again, please note that there are several different camp options available. Something for everyone, however space is limited. Contact Melanie ASAP if you would like to register.

# CHILD AND YOUTH SERVICES School of Music

The USAG Brussels operates its own School of Music through Child and Youth Services. Wind, horn, voice and piano lessons are available. Welcome Ms. Patricia Edwards and Ms. Tsvetana Giogva who join the CYS School of Music! Both instructors are well trained and highly skilled. Ms. Edwards is a Peabody Conservatory graduate, earned first prize in horn from the Royal Conservatory of Music of Antwerp, and a Diploma in Voice from the City Music Conservatory in Mechelen. She has served as a longstanding member of the National Orchestra of Belgium and Opera of Flanders. Voice, horn, trumpet, trombone, baritone. clarinet, saxophone and flute lessons are offered on Tuesday, 3:15 p.m. - 7:30 p.m. and cost €85 for four 45 min. individual lessons. Piano lessons taught by Ms. Tsveti Gigova are available on Wednesdays and cost €75 for four lessons. Open to CYS registered vouth and their parents. Call CYS at DSN 368-9651 or CIV 02-717-9651 for more information.

# School Age Services (SAS) & Middle School Teen Center (MST)

The SAS and MST centers provide a fun and learning environment for youth in grades K-12th. Clubs include 4-H Cooking, 4-H Art, 4-H Technology, 4-H Pet Club, Boys & Girls Clubs Power Hour, homework assistance, and more! A nutritious snack is provided daily after school. Leadership clubs are available at both centers. So come on, join us!

#### **Aikido Lessons**

Thu, 4:30 p.m. - 5:30 p.m.
Aikido provides an outlet for physical energy and develops coordination and control. The discipline increases confidence and self mastery.
Registered CYS patrons in grade K-12 are eligible to take instruction from a fifth degree black belt master.

#### **All Aboard For The Teen Center!**

DSN 368-9651; CIV 02-717-9651 Students 11 years and up (sixth grade and above) with a valid U.S. ID card can ride the shuttle bus Mon - Fri (when school is in session) departing BAS at 3:10 p.m. with destination USAG Brussels CYS!

# USAG BENELUX EDUCATION CENTER IN BRUSSELS

USAG Brussels, Bldg. 1 DSN 368-9704; CIV 02-717-9704

Please call the Education Center in advance for confirmation of dates, times and locations of the following events.

#### **College Testing Schedule**

Call the Education Center for time

#### **French Headstart Class**

July 10 - 20, Mon - Fri 10 a.m. - 1 p.m. Take this class to learn how to communicate in French.

#### **Dutch Headstart**

Adapt to your new environment by learning the necessary language basics in Dutch!
Call for times and dates.

To register, call the Education Center or e-mail

Joseph.Heinlein@benelux.army.mil.

French and Dutch Headstart classes are available to Soldiers.

Civilians may attend on a space available basis. A minimum of nine Soldiers need to be enrolled to run the class.

# Problems With The New "GoArmyEd" Portal?

The USAG Brussels Education Center offers assistance with the initial *GoArmyEd* enrollment for all Soldiers who want to register for college classes. Come to the Education Center, between 11 a.m. and noon, Monday through Friday, and we will take you step-by-step through portal registration, academic advisement, and course enrollment. Let us assist you in pursuing your educational goals, one degree at a time. Call ahead to be sure that there is someone at our one-person



# USAG BENELUX EDUCATION CENTER IN BRUSSELS

Spouse Education Assistance
Program (SEAP) is administered by
HQ, Army Emergency Relief (AER).
www.aerhq.org/education\_
spouseeducation.asp.

AER offers Spouse Education
Assistance Program for Army
spouses in Europe. The education
assistance funds can also be used
towards taking exams such as the
GED, TOEFL, CLEP and others.
SEAP does not apply to second
undergraduate degrees/courses or
graduate level degrees/courses.
Financial assistance is awarded for
up to half the cost of tuition per term,
with a maximum of \$400 per term or
\$2,000 per year.

#### **LIBRARY**

USAG Brussels, Bldg. 4 DSN 368-9791; CIV 02-717-9791 Tue - Thu, 10 a.m. - 6 p.m. Fri, noon - 7p.m.; Sat, 11 a.m. - 5 p.m. Sun, noon - 5 p.m. Closed Mon and holidays.

The library offers the Brussels Tri-Mission Community a modern facility with services comparable to public libraries in the United States. You can browse the latest collection of books, magazines and audio-visual materials and you can access the Internet. The friendly library staff will provide research and information assistance should you need it. All members of the Brussels community are eligible to use the library free of charge.

## SUMMER READING PROGRAM

Everyone is invited to join "Paws, Claws, Scales and Tales" at the USAG Brussels Library. Open to young people, ages five through 11 yrs. old, with activities, story hours and more. Families are invited to join the Read-to-Me portion of the program for children two to four yrs. old. The library staff welcomes children of all abilities. It's all free! Program runs on Wednesdays, 11 a.m. - noon, through Aug 2.

Please note that the Pre-School Hour and Homework Club programs are not held during the summer months.

#### **SPORTS & FITNESS CENTERS**

Bldg. 3, USAG Brussels DSN 368-9667; CIV 02-717-9667 Mon - Fri, 5 a.m. - 8 p.m. Sat/Sun, 9 a.m. - 4 p.m. Holidays, 5 a.m. - noon

# Independence Celebration Run/Walk

DSN 368-9652; CIV 02-717-9652 or e-mail Fitness.Brussels@benelux. army.mil. The USAG Brussels Sports & Fitness Center invites you to a free Run/Walk on Saturday, July 1 at Tervuren Park, to kick off this year's community wide 4th of July. The event will consist of three elements: a 10k run, a 5k run, and a 15k run/walk. On-site registration begins at 7 a.m.; race starts at 8 a.m. Medals will be awarded to the first 50 finishers. You can sign up online, at the Fitness Center, or at the park on the morning of the race. Call for more details.

#### **Outdoor Running**

DSN 368-9652; CIV 02-717-9652 USAG Brussels Sports is offering you a new outdoor running program. Through exercise, explore Brussels' parks and recreation areas. Every first Saturday of each month, meet at 9 a.m. in the Fitness Center. Distance covered: at least 5k and max 15k. Please note physician's clearance is required. Contact Vincent at if you wish to join our healthy and fun group of runners.

#### **USAG Brussels Softball League 2006**

DSN 368-9652/9667; CIV 02-717-9652/9667 Wed and Sat, runs through Aug 19. Teams are limited to 18 players. Open to ladies, too! Participation is limited to U.S. government or military ID card holders, their family members, and direct hire employees of USAG Brussels. Participation has been extended to NATO military and civilian employees on a space available trial basis. Interested? Ask Vincent at for the Team Roster form.

# Softball Tournament & Home Run Derby

DSN 368-9737; CIV 02-717-9737 Sports fans please join us on Sat, July 1st., at 1p.m. at BAS. Tournament will be single or double elimination depending on number of teams present the day of the tournament. No sign up required. Players must be 16 yrs. or older to participate. Open to all U.S. military, civilians, family members, and Support Agreement Personnel.

#### Spin & Step Classes

NEW! The USAG Brussels Fitness Center is now offering spin and step classes.

#### Spin classes

Mon, Wed, 10 a.m. - 10:45 a.m. Tue, Thu, 6:30 p.m. - 7:30 p.m. Limited to nine people per class.

#### Step classes

Tue, Thu, 5:15 p.m. - 6:15 p.m. There is no class on the first Thursday of the month. Limited to eight people per class.

#### **Personal Fitness Program**

If your goal is to tone, lose fat, improve your health condition, train for a race or a special sport, don't wait any longer. Set realistic goals with your Sports Specialist, Call for a one-on-one personal fitness training program.

#### **FREE Low Impact Aerobics Classes**

DSN 368-9500; CIV 02-717-9500 Mon/Wed/Fri, 5:30 p.m. - 6:30 p.m.

#### **Run for Your Life Program**

This program is designed to encourage fitness through running. Participants run at their own pace on their own time line and log their miles with the Fitness Center. Patches are provided to participants who meet the 100, 200, 300, 400, 500, 750 and 1000 mile markers. Individuals must be at least 18 years to participate.

#### **MEDEX Training**

Never done any fitness? Never used weight equipment? This is for you! Contact the Sports & Fitness Center to schedule an appointment for a one-on-one introductory training.

#### **ARTS & CRAFTS CENTER TEMPORARY CLOSURE**

The Arts and Crafts Center at USAG Brussels has temporarily closed its doors. We apologize for any inconvenience. Ms. Brenadine Humphrey is leaving to Germany to accept a new position. Please join us in thanking her for her ever cheerful service to our Brussels community and wish her the best in her new job. Note: The Arts and Crafts Center will re-open as soon as a replacement can be hired to take Ms. Humphrey's place. We urge patrons to help get the word out to individuals who are potentially qualified and interested in this position. Thank you for your understanding and support.

#### **OUTDOOR RECREATION**

Bldg. 4, Room 303 DSN 368-9775; CIV 02-717-9775

Have you tried it? The USAG **Brussels Outdoor Recreation** Program is proud to present a new luxury touring coach: a 50-seater Setra-Mercedes bus fully equipped with reading lights, curtains, luggage rack, safety belts, water flush toilet, refrigerator, video/ CD player, cassette recorder... and air conditioning. No excuse left! Come one, come all!

#### **Eurodisney Is Calling...**

July 8 (Sat)

Fan of Mickey Mouse? Prefer Minnie? Your kids love Donald? You'll get to meet them all at the European Disneyland Resort in Paris!

Price: \$35 Adults: \$29 Child (under 12 yrs. old).

#### Spend a Summer Day in Paris

July 15 (Sat), Aug 5 (Sat) Have you ever visited Paris in the summertime? If not, you just won't want to miss it, and if you have, you certainly will want to come back. On arrival, we will have an hour and a half tour of Paris and drive by the famous Moulin Rouge, the Opera House, Place de la Concorde, Champs Elysees, the Arc de Triomphe, the Eiffel Tower, the Palais du Louvre, the lle de la Cite, and pass by the Notre-Dame cathedral. Then, as of 11 a.m. Paris is all yours for exploring until 6:30 p.m. when we head back to Brussels (arrival will be around 11 p.m.).

Price: \$40 adult; \$35 child (under the age of 12)

#### **Diamonds Shine in Antwerp**

July 22 (Sat)

See the multifaceted city of Antwerp. This is the city of Rubens, the World Center of Diamonds, a city of fashion, a shopper's paradise, a city where history is alive. In the morning we will visit the Rubens House and later on we'll head to the Diamond Museum. The afternoon will be free for shopping. Departs from Sterrebeek at 8 a.m. and returns at 7 p.m.

Price: \$45 Adult; \$35 Child (under the age of 12). Price includes all entrance fees.

#### **OUTDOOR RECREATION**

#### **Canterbury Tales**

Aug 12 (Sat)

We drive to Calais, where a P&O Car Ferry will take us to Dover (U.K.) Enjoy the English breakfast and shopping on board. On the road to Canterbury, we will stop at Dover Castle (to take pictures only) and then drive on to Canterbury. Departure is from Sterrbeek at 5 a.m. We will leave Canterbury at 5:30 p.m. and will be back in Brussels around 10:30 p.m.

Price: \$50 Adult; \$39 Child (under the age of 12).

#### THREE STAR LOUNGE

Bldg. 1, USAG Brussels DSN 368-9732; CIV 02-717-9732

**New Hours:** Thu, 5 p.m. - 10 p.m.

Fri, 5 p.m. - 1 a.m. Sat, open only for scheduled events. The Three Star Lounge at USAG Brussels is open to all Tri-Mission ID card holders. Minors are welcome during most activities when supervised by a parent or adult 18 years or older.

#### **Movie Nights**

Join us every Thursday at 7 p.m. for some popcorn and a movie.

#### **Friday Right Arm Nights**

Supervisors, come and show your staff how much you appreciate them. Every first Friday of the month at 5 p.m.

#### **Sunday Football Nights**

Come watch football every Sunday at 7 p.m.

#### **AUTO CRAFT CENTER**

Bldg. 1, USAG Brussels DSN 368-9743; CIV 02-717-9743 Wed, Thu, 10 a.m. - 2 p.m. and 4 p.m. - 8 p.m. Fri, 8:30 a.m. - 5 p.m. Sat/Sun, 10 a.m. - 6 p.m. Closed Mon/Tue/holidays

#### **Motorcycle Automotive Classes**

Wed, 7 p.m. - 9 p.m. Custom six week courses are available for \$45. Advance sign up required.

#### **Automotive Classes for Dummies**

These classes are designed to show you general maintenance procedures and to explain the dynamics of your vehicle. Cost \$25. Advance sign up required. Call for times and dates.

#### **Vehicle Summer Check**

by appointment only

#### **B.O.S.S Program**

DSN 368-9639; CIV 02-717-9639. Calling all single Armed Forces men and women! BOSS aims to improve the overall quality of life for single service members. B.O.S.S. assists singles in planning recreation and leisure activities and gives you the opportunity to participate in and contribute to your community. Open to all branches of service. Get involved!

# BOSS 2on2 Basketball Tournament

BOSS is hosting a 2on2 Single Elimination Tournament on July 1. Tip-off time will be at 11:30 a.m. at BAS. There will be a \$25 entrance fee. Trophies will be provided for the first place winners and runner ups. Register ASAP and reserve your team DSN 368-9813; CIV 02-717-9813

#### **Patriotic Volunteers Needed**

Patriotism will be at its finest on Sat, July 1st, at the Brussels American School (BAS) in Sterrebeek from 11:30 a.m. - 10 p.m. with the Tri-Mission Independence Day Celebration. As you might imagine, an event of this magnitude will require large numbers of dedicated volunteers to help work the day of the celebration. Anyone wishing to participate should call DSN 368-9639; CIV 02-717-9639 or e-mail Lisa.Passalacqua@benelux.army.mil.

# Three Cheers for Red, White and Blue!

Come out and enjoy a patriotic day at BAS. USAG Brussels and the Tri-Missions are hosting the Independence Day Celebration on Saturday, July 1st, 11:30 a.m. - 10 p.m. Event includes 5/10k run, 2on2 BOSS Basketball Tournament, Rodeo Riding Bull, Dunk Tank, Sumo Wrestling, rides, food, refreshments, vendors and much, much more!

Armed Forces Entertainment
Presents: Matthew D and Random
Tuesday! In concert live, on Sat,
July 1st, 9 p.m. at the Independence
Day Celebration at the BAS in
Sterrbeek. Come and join the
Midwest's Premier Party Band!
Check out their Web site
http://www.mattdward.com. For
further information call Lisa at
DSN 368-9639; CIV 02-717-9639.

#### **AIR POST OFFICE (APO)**

Bldg. 2 DSN 368-9718; CIV 02-717-9718 Closed Thu at 3 p.m.

#### **Privileged Nature of Mail**

Because of the privileged nature of mail, postal clerks are not authorized to provide information such as box numbers, addresses or if there is mail in a customer's box; even if you are the customer.

#### **AIR POST OFFICE (APO)**

**USPS PUB 65-A** national ZIP code and postal directory is no longer available in hard copy. Updated information may be found at **www.usps.com**. For additional help call or stop by your APO post office.

#### **Check Mail Daily**

Please make sure that you check your mail daily, since all unclaimed articles may be returned to the sender. You will receive a final notice for parcels not claimed within five days. Ensure you notify us if you will be on leave or TDY. Thank you for your cooperation!

#### **Going on Leave or TDY**

If you are absent from the area for more than a week please provide your post office with a DD Form 2258. The post office will hold or forward your mail. You can download the form from the following Web site: http://www.brussels.army.mil/OlaDet6/homepage.htm. Fill out the form and bring it by the Post Office.

#### **Volunteering at APO**

The post office is always on the lookout for volunteers. If you are interested in volunteering, please stop by and talk to your APO postmaster or see the USAG Brussels Volunteer Coordinator. Then come on down and give us a hand!

#### PEOPLE IN YOUR COMMUNITY

by Isabelle Gillet

Anne Wydouw is the Housing Referral Office Representative and is one of the first people that Newcomers get to know upon their arrival at USAG Brussels. Anne helps with the house hunting process and makes sure that you and your family will find the right house for the duration of your Brussels assignment. She uses her expertise in the local housing market to ensure her customers are fully satisfied. You can ask anybody in Brussels, there is no better Lease Specialist than Anne! She is an official translator and a real estate agent all in one. You are quaranteed an exceptionally high level of customer service, perfectly tailored to your preferences. Coordination with sponsors, landlords and utility companies are part of her daily duties. Anne's valuable field experience in contract negotiation helps ensure that both renter and



landlord enter into a fair deal. She takes her role of "indirect representative of the U.S. Government in this country" as she puts it, very seriously. Awareness, accuracy and accountability are three words that best describe Anne's work ethic. Should you experience any problems with your phone, water or electricity bills, or if you just want to make sure the paperwork is in order before your next PCS, contact Anne by e-mail **Anne.Wydouw@benelux.army.mil** or by phone at DSN 368-9778; CIV 02-717-9778.



#### FROM:

Army Community Service (ACS)

Community Liaison Office (CLO)

You are cordially invited to the

2006
Brussels Community
" Info Fair and Open House '

at US Army Garrison-Brussels (USAG)

Friday, September 8<sup>th</sup> 11:30 a.m. to 7 p.m.

Local Clubs, Communes, Churches, Organizations, Employment, Youth Activities, and many other resources will be represented to meet you on-site!

PS: Refreshments will be available



TO:

All Members of the

Tri-Mission Community

Brussels

Belgium, Europe

#### New to the community?

Available programs in the community are open to newcomers who want to learn more about where they live and work:

#### **Brussels Community**

**USAG Brussels Newcomer's Briefing** This three-day workshop ensures a smoother transition for new arrivals and is offered quarterly. On day 1, key agencies will present a brief overview of their programs and answer your questions. On day 2, the NATO Health Clinic patient liaison coordinator will provide a tour of the Leuven Gasthuisberg Hospital and ACS will give you general information about Belgium. On day 3 the Director of the Delhaize in Kraainem will familiarize you with a local grocery store. If you are interested and would like to sign up for the next three-day Newcomer's Briefing, please call ACS at DSN 368-9783; CIV 02-717-9783. Also available for you at ACS in Brussels: individual Newcomer's Briefing (upon request). Includes a brief overview of key agencies' programs and practical information about Belgian customs and courtesies.

**Metro Madness Class** Learn how to use the public transportation system in Brussels, then participate in a field trip to put your newly learned knowledge to the test. Call ACS at DSN 368-9783; CIV 02-717-9783 to sign-up.

**French HEADSTART** A free 30 hour introduction to the French language and Belgian culture. Instructors are French native speakers. The course <u>is mandatory for all USAREUR soldiers E1 to O5</u>. Other active duty military and adult family members may attend on a space available basis and openings may be filled by any member of U.S./NATO community. There is no fee and a textbook is provided. Please call USAG Brussels Education Center at DSN 368-9704; CIV 02-717-9704 for details and to reserve your space.

**Job Information Board** If you are looking for a job, the ACS Employment Readiness Program maintains a list of job vacancies in the region. Vacancies are posted on the Job Announcement Board, located next to the ACS Employment Readiness Manager's Office, Room 326 (Bldg. 4, top floor). Application forms and useful handouts are available through the ACS Employment Readiness Program. For more information call DSN 368-9783; CIV 02-717-9783.

**Relocation Lending Closet** Useful items are available to borrow for those of you relocating and with household goods in transit. The ACS Lending Closet now has microwaves for in/outbound personnel, which can be checked out for up to one month. Please note we operate by appointment only. For details, contact DSN 368-9783; CIV 02-717-9783.

#### **Newcomer's Guide Correction**

The following ACS phone numbers have been printed incorrectly in the Newcomer's Guide. Please note the correct numbers:

Family Advocacy Program and Emergency Placement Care Program DSN 368-9693 or CIV 02-717-9693;

Army Volunteer Corps Coordinator DSN 368-9697 or CIV 02-717-9697;

Relocation Readiness DSN 368-9729 or CIV 02-717-9729

#### JFC HQ Brunssum/Schinnen Community

**Newcomer's Briefing and Newcomer's Orientation** Learn about housing, local bill pay system, medical care, and everything there is to know in your new community at the Newcomer's Briefing. After the briefing, go on a tour to explore activities at Schinnen, Treebeek, Brunssum, and at Geilenkirchen Air Base with other Newcomers! The orientation includes driving tips for best routes, local history, shopping tips, "getting lost" prevention, historical sites and museums, restaurants, and more. The Newcomer's briefing is offered every second and last Friday of the month, 9 a.m. to 3:30 p.m. For information and reservations, call DSN 364-7512; CIV 046-443-7512.

**Dutch HEADSTART** This free language orientation course is open to active duty military, family members and anyone holding a military or NATO ID card (space permitting). To sign up, call the Education Center at DSN 364-6066/6041; CIV 046-563-6066/6041.

**Finding Employment Workshop** Offered every Tuesday, 10 a.m. - noon, to help with interviewing and preparing for a new job. In the afternoon, 2 p.m - 4 p.m., learn how to create a stunning resume and how to apply for government jobs with the hands on Resume/Resumix workshop. Sign up at DSN 364-7269; CIV 046-443-7269.

**Lending/Loan Closet** Open Mon - Fri, 8 a.m. - 4:30 p.m., located at ACS, Bldg. 39/43. Kitchen supplies, household items, and various baby supplies are available for community members during relocation. Contact ACS at DSN 364-7512; CIV 046-443-7512.

## Something To Think About...

Just what is it that America stands for? If she stands for one thing more than another it is for the sovereignty of self-governing people.

Woodrow Wilson, 28th president of the United States (1856 - 1924)

Bldg. 318, SHAPE DSN 423-5324; CIV 065-44-5324 Mon-Wed, Fri, 8 a.m.- 5 p.m. Thu, 8 a.m.- 3 p.m. Closed SHAPE holidays

#### **RELOCATION OFFICE**

Bldg. 318, ACS, SHAPE DSN 423-4332; CIV 065-44-4332

# Welcoming Everyone to Belgium W.E.B. Office

Hotel Le Maisières, Room 126 DSN 366-6252; CIV 065-44-6252 Mon-Fri, 9 a.m.- noon Closed SHAPE holidays

The vision of the W.E.B. office is to ease the transition for Americans relocating to Belgium. The W.E.B. office provides referrals, information, and most importantly, a friendly face and a warm hand of hospitality. Stop by the W.E.B. office and meet with other Americans in the area for support, communication and assistance.

#### **Newcomer's Guide**

Useful information about the Benelux communities. Pick it up from the following locations:

#### Chièvres

Morale, Welfare & Recreation, Bldg.5 DSN 361-5904; CIV 068-27-5904

#### SHAPE

Central Processing Center, Bldg. 253 DSN-366-6291; DSN 065-44-6291

#### Schinnen

Army Community Service, Bldg. 39 DSN 360-7500; CIV 046-443-7500

#### **Brussels**

Army Community Service Bldg. 4, DSN 368-9783; CIV 02-717-9783

#### **Make the Right Move**

Bldg. 318, ACS, SHAPE DSN 423-4332; CIV 065-44-4332

Are you prepared for your next PCS move? Attend this class Wed, July 5 or Aug 7 at 2 p.m. and make this the best PCS move ever!

#### Take the Bus

Join us for an educational experience and learn how to use the local bus system. Point of departure is Hotel Le Maisières. The whole family is welcome! Please call DSN 423-4332 or CIV 065-44-4332 for July and Aug dates.

#### **ARMY COMMUNITY SERVICE**



# **USAG Benelux Newcomer's Briefing**

Hotel Le Maisières (across from the SHAPE Main Gate) DSN 423-4332; CIV 065-44-4332

The Newcomer's Briefing is designed to assist active duty personnel, DoD civilians and family members by providing important information about the SHAPE/ Chièvres community. The Newcomer's Briefing is conducted on the second Wednesday of the month, 8:30 a.m.- 3 p.m. at the Hotel Le Maisières Ballroom. It is mandatory for active duty military personnel, but family members and civilians are also welcome to attend. The next Newcomer's Briefings will be held on Wed, July 12 and Aug 9. Complimentary lunch and cookies are provided!

#### **Sponsorship Training**

This class is offered the first Wednesday of the month from 10 a.m.-11 a.m. in the ACS conference room. Sponsorship training helps sponsors to be more efficient by giving them tips such as assisting Newcomers with their in-processing, welcoming orientation, and settling in assistance. Next classes are scheduled for Wed, July 5 and Aug 2.

#### **Take the Train**

Sat, July 12 and Aug 9, 8:30 a.m.- 3:45 p.m.
The Belgian train system is well developed and can be the easiest way to travel in and out of Belgium. "Take the Train" is a living experience and gives you the opportunity to learn how to use this great transportation system. Sign up today.

#### Rendez-Vous with French!

Hotel Le Maisières, W.E.B. Office DSN 423-7598; CIV 065-44-7598

Looking for some basic French language skills or want some insight into the Belgian culture? What is appropriate and inappropriate to say and do? Where can you find the best language classes? Let ACS help you with this free class for beginners, offered once a month. Next class is scheduled for July 18, 9 a.m. - noon. Registration required.

#### **ARMY COMMUNITY SERVICE**

Employment Readiness Program Bldg. 318, Room 118, SHAPE DSN 423-4904; CIV 065-44-4904

#### **Return and Reentry Class**

Offered Tuesday at 10 a.m. for all service members recently returned from deployment.

#### **ACS Volunteer Program**

Bldg. 318, SHAPE DSN 423-4352; CIV 065-44-4352

The Army Community Service (ACS) needs YOU as a volunteer member of our staff. Being an ACS volunteer offers great benefits such as flexible hours and job training. Volunteers are always needed to support ACS staff with photocopying, sending faxes, filing, data processing, and other general office requirements. Come and be part of our volunteer staff!

#### **Employment Readiness Program**

Bldg. 318, Room 118, SHAPE DSN 423-4904; CIV 065-44-4904

# Job Opportunities Workshop Wed, 9 a.m. - noon

Learn where to find jobs in the Benelux community and how to apply for them. Bring your resume and have it updated or find out how to load it onto Resumix. Workshops are open to all U.S. ID card holders and their spouses who are ready to seek employment. Pre-registration is required.

#### **Anger Management Course**

DSN 423-5263; CIV 065-44-5263 July 4, 11, 18, 25, 9 a.m.- 10 a.m.

Before life seems overwhelming and you feel you are at a breaking point, sign up for our four session anger management class. This life skills course is designed to strengthen family relationships and to prevent child and spouse maltreatment.

#### **Army Emergency Relief (AER)**

The AER office provides financial assistance to soldiers and their family members in time of valid emergency. The AER office also provides emergency assistance for other services through their relief agencies. If you are not near a military installation, soldiers can receive assistance through a local American Red Cross Chapter.

# Transition Assistance Program (TAP)

DSN 423-4904/5324 CIV 065-44-4904/5324 Aug 22,23,24 at Hotel Le Maisières

The TAP program includes a preseparation briefing and a transition assistance workshop for military service members and their families as they transit from the service. The workshop will cover topics such as interviews, reviewing job offers, support and assistance, career exploration and more!

#### Sexual Assault Prevention and Response Program (SAPRP) DSN 423-7593; CIV 065-44-7593

The SAPRP reinforces the Army's commitment to eliminate incidents of sexual assault throughout the U.S. Army. Call the SAPRP coordinator to schedule your mandatory training.

#### Unit Victim Advocate (UVA) Training (Module III) SHAPE/ACS, Bldg. 318

SHAPE/ACS, Bldg. 318
Conference Room
July 26, 8:30 a.m.- 5 p.m.
These mandatory classes train appointed UVA's to assist victims of sexual assault.

# Women, Infants and Children Overseas (WIC)

DSN 423-597; CIV 065-44-5971 WIC Overseas is a DOD nutrition education and supplemental food program offered to active duty military, Department of Defense employees and DoDEA personnel and their dependents. Program participants receive benefits such as nutrition education and healthy foods to enhance the quality of health and wellness for you and your family. If you are pregnant, breast-feeding or have a child less than five years of age, please call to see if you qualify!

# FINANCIAL ASSISTANCE PROGRAM

#### Saving and Investing

DSN 423-5324; CIV 065-44-5324 Registration is required.

# How to Become a Millionaire on Military Pay

DSN 423-5324; CIV 065-44-5324 Registration is required.

#### ARMY COMMUNITY SERVICE Unit Victim Advocate (UVA) Initial Training

SHAPE/ACS, Bldg. 318
Conference Room
Aug 8, 8:30 a.m. - 5 p.m.
Mandatory Unit Victim Advocate
Training – Initial (UVAs who have
only been to one training may also
attend).

#### Unit Victim Advocate (UVA) Make -Up Training (Module I)

SHAPE/ACS, Bldg. 318
Conference Room
August 9, 8:30 a.m. - 5 p.m.
Mandatory training for UVAs who have not received their Module I
Training (UVAs desiring refresher training may also attend).

#### ARMY COMMUNITY SERVICE New Parent Education and Support Program (NPESP) DSN 423-3321; CIV 065-44-3321

This program is available to all U.S. military and civilian families expecting or with children, newborn to three years old. If you are expecting or have just recently welcomed a new member to your family, please stop by ACS and see us. We have a free gift for you and would like to introduce ourselves to your new bundle of joy! Services offered include: information and referral, home visitation, education on topics relating to maternity and childbirth, parenting classes, playgroups, breast-feeding and much more. The following classes are held at the SHAPE Healthcare Facility in the Social Services conference room. Registration is required.

**Educational & Developmental Intervention Services (EDIS)** 

DSN 423-5931; CIV 065-44-5931 **Brussels American School** DSN 368-9552; CIV 02-717-9552

Get a jump on development. If you have questions about how your child talks, behaves, moves, plays, sleeps, eats, or will do in school, contact EDIS (for newborns to 35 months) or the Brussels American School (for children ages six months and older).

#### **Playmornings**

SHAPE Health Clinic Conference Room DSN 423-4274; CIV 065-44-4274 July 11, 18, 25; 9 a.m. - 11 a.m.

You and your children, newborn to five years of age, are invited to play in our playroom located on the second floor of ACS. Please call to confirm dates.

#### **Breast-feeding Support Group**

SHAPE Health Clinic Conference Room DSN 423-5971/4274 CIV 065-44-5971/4274 July 18, 11 a.m. - noon

Are you making the decision whether to breast-feed or not? Get the advice and support you need.

#### **Infant Massage Class**

SHAPE Health Clinic, Conference Room Thu, 11 a.m. - noon

Come to the infant massage class and discover new techniques to calm your baby.

#### **Baby Buggy Brigade**

Chièvres Community Activity Center (CAC)

Mon, Wed, Fri, 10:30 a.m. - 11:30 a.m.

Join us for stroller walking on our great indoor track.



#### **American Forces Team Building**

Bldg. 318, Room 222, SHAPE DSN 423-5425; CIV 065-44-5425

FAX: 065-44-4896

Email: aftbfamily@benelux.army.mil

Web site:

www.armyfamilyteambuilding.org

A volunteer-led program designed by military spouses. AFTB provides training and knowledge to individuals who want a better understanding of the military and its mission,

and who would like to improve on their personal and professional skills.

#### **CHILD AND YOUTH SERVICES**

Central Registration (all youth) Bldg. 209, SHAPE DSN 423-3874/4328 CIV 065-44-3874/4328 Mon-Thu, 8 a.m.- 5 p.m. Fri, 8 a.m. - 3 p.m.

Annual membership fee and registration are required for youth to participate in CYS programs and services. In order to register, youth must bring a recent health assessment and immunization record.

# Child Development Center (CDC)

Bldg. 616, SHAPE DSN 423-4810/5618 CIV 065-44-4810/5618 Mon - Fri, 7:30 a.m.- 6:30 p.m.

#### **Hourly Care**

(available when school is in session) Mon - Fri, 8:30 a.m.- 5:30 p.m. CDC offers child care for children six weeks to five years of age.

#### **Teen Center**

Bldg. 503, SHAPE DSN 423-5711/5610 CIV 065-44-5711/5610 Mon - Fri, 3:30 p.m. - 6:30 p.m. School holidays Mon - Fri, 1 p.m. - 6:30 p.m.

The Middle School and Teen Center offer many activities such as: scheduled dances, lock-ins, movies, Newcomer's Club, Boys & Girls Club programs, computer lab, homework assistance, and a variety of self-directed activities. Generally the activities are free, but in certain cases a small fee may be charged for specific programs or instructional classes.

#### **CHILD AND YOUTH SERVICES**

#### **Middle School Center**

Bldg. 503, SHAPE DSN 423-5789/5635 CIV 065-44-5789/5635 Mon - Fri, 3:30 p.m. - 6:30 p.m. School holidays: Mon - Fri, 1 p.m. - 6:30 p.m.

#### **School Age Services (SAS)**

Bldg. 602, SHAPE DSN 423-5980/5982 CIV 065-44-5980/5982 Mon - Fri, 7:30 a.m. - 6:30 p.m. SAS offers out-of-school activities for children grades first through sixth. Before and after school care options are also available and a variety of programs are offered from computer to homework lab, Newcomer's Club, and more.



#### SHAPE LANGUAGE CENTRE

Bldg. 211, SHAPE DSN 423-4971; CIV 065-44-4971 Office: Mon - Fri, 8:30 a.m.- 5 p.m. Classes: Mon - Fri, 9.a.m. - 8:30 p.m. Closed on SHAPE holidays

Open to SHAPE ID card holders 16 years and older. Courses are offered in two sessions (September to January and February to June) in the two NATO official languages – English and French.

# French and English Summer Intensive Courses

Registration: July 24 - 28 Class Dates: August 1 - 22

#### SHAPE INTERNATIONAL LIBRARY

Bldg. 307, Community Activity Centre, SHAPE DSN 423-5631; CIV 065-44-5631 Mon - Wed, 9 a.m.- 8 p.m. Thu - Fri, 9 a.m.- 6 p.m. Sat, 10 a.m. - 5 p.m. Closed Sun and SHAPE holidays

The SHAPE International Library is a multi-purpose facility serving as a lending library, reading room, cultural center, an art gallery and a computer center where patrons can access electronic information sources such as the Internet, CD-ROM programs and utilize word processing software. A library card is required to check out library material and to use the computers. There is **no charge** to register for a library card. However, there is a small charge for copies.

#### **Library Gallery**

As a special feature and to expand cultural awareness, the library hosts art displays by different local artists each month. Come in to view the beautiful and creative art shows.

#### **Book Discussion Group**

This fabulous book club, known as the "Page Turners" meets at 5:30 p.m. every third Wednesday of each month. New members are always welcome.

#### Lap Sit

Wed,10 a.m. - 11 a.m. The SHAPE International Library brings parents and toddlers together with a program called Lap Sit. The program is for toddlers up to 24 months.

#### **Pre-school Story Time**

Tue, 10 a.m. - 11 a.m. Ages three to five.

#### **Summer Reading Program**

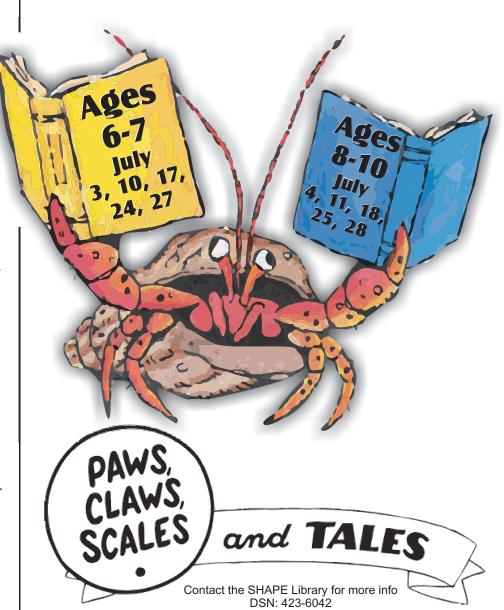
July 3,10,17,24,27 for ages 6 - 7 10 a.m. - 11 a.m. July 4,11,18,25,28 for ages 8 - 10 10 a.m. - 11 a.m.

Come join us for our "Paws, Claws, Scales and Tales" reading program this July at your SHAPE library. Participate in contests and games, enjoy prizes, story telling and fun. Call 423-6042 for more information or to register.

# SHAPE International Library Summer Reading Program

Story Telling, Contests, Prizes, Games, & Fun!!

Monday & Tuesday - From 1000 - 1100 hrs



#### LEARNING ABOUT BELGIUM L.A.B.

SHAPE Events Centre, SEC Bldg. 303 DSN 423-4269; CIV 065-44-4269 July 24, 25, 27, 9 a.m. - 1 p.m.

Hello Newcomers! Become an expert on Belgium! Make new international friends! Pick up all of those little tips that will make your adjustment at Chièvres/SHAPE much easier and your new life more interesting. L.A.B. is **free**, open to anyone with a SHAPE I.D. card (no children under 12 please!) and takes place during three mornings. It includes classroom time (with refreshments), a "field trip" into downtown Mons and a reception with the Mayor at the Town Hall of Mons (transportation provided). L.A.B. is designed to compliment the other Newcomer's programs being offered at SHAPE and not to duplicate it. Call today to reserve your place!

#### **BENELUX FINANCE OFFICE**

#### **Points of Contact Benelux Finance Offices:**

SHAPE Finance Office: 423-4098 Brunssum Finance Office: 364-2839 Brussels Finance Office: 368-9732

The dollar limit for personal checks is up to \$3,000.00 per week. Anything above this dollar amount will need an Exception to Policy agreement and may only be used for basic housing needs; i.e. rent, utilities, or alarm systems. A copy of the bill must accompany the request to cash a check over the limit.

Personnel on leave, TDY or assigned to the Benelux for less than 180 days are limited to cash checks in the amount \$200.00 per day. A copy of the leave form or orders must be presented to the cashier. The dollar limit for two party checks is \$1,000.00. Only the sponsor can cash two party checks madeout to the sponsor. Sponsor may exceed the \$1,000.00 limit for two party checks if they are:

- 1. U.S. Treasury checks
- 2. U.S. Money Orders
- 3. Certified and Cashiers checks
- 4. Bank Checks
- 5. Check from an Insurance Company
- 6. Check from a DOD affiliated agency

#### **AUTHORIZED CUSTOMERS**

- All active duty military assigned to the BENELUX, and authorized agents, (designated in writing as an authorized agent by DD Form 2761)
- Reserve U.S. Armed Forces military personnel while performing active duty (assignment must be more than 180 days).
- Retired Military, DOD and DODDS U.S. Citizen employees and authorized agents (designated in writing as an authorized agent by DD Form 2761)
- Contractors (Indemnity letter from employer must be current and on file.)
- An Agent may cash personal checks from the Sponsor's joint account or the Sponsor's individual account with a Special Power of Attorney.
- Authorized Agents do not have the authority to cash personal checks from their own account.

#### **USAG BENELUX EDUCATION CENTER ON SHAPE**

Bldg. 212, Room 130, SHAPE DSN 423-3466 CIV 065-44-3466 Mon - Fri, 8 a.m. - 5 p.m.

#### French HEADSTART

July 17 - 28, 9:30 a.m. - 12:45 p.m. Improve your language skills and learn about your host nation with this free 30 hour language and culture introduction class held monthly at the Education Center. Instructors are native speakers of the language being taught. Reservations for any of the course dates listed are recommended.

Central Texas College and University of Maryland University College registration for Term 1 college classes takes place August 7 - 18. U.S. Soldiers enroll in all college classes online on the

www.GoArmyEd.com portal. To check the schedule of traditional classes meeting in local education centers, check the following websites: Central Texas College www.europe.ctcd.edu University of Maryland www.ed.umuc.edu

PCS-ing soon? Curious about college programs offered at your new assignment? All 113 Army Education Centers are at your fingertips on the GoArmyEd portal. Go to https://www.earmyu.com/ public/public goarmyededucation centers.aspx and then select the education center of your choice by geographic location.

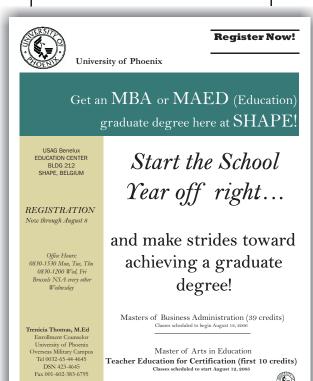
To check USAG Benelux Education Center on SHAPE, go to http://www.earmyu.com/ public/facility\_pages/Shape\_Geo\_ Ed\_Center/default.asp and to check USAG Benelux Education Center in Brussels, go to http://www.earmyu.com/public/fac ility\_pages/Shape Brussels\_Geo\_Ed\_Center/default. asp.

#### **USAG BENELUX EDUCATION CENTER ON SHAPE**

**Overseas Contracted Universities** and Colleges

**UNIVERSITY OF PHOENIX** DSN 423-4645; CIV 065-44-4645

www.uopxoverseasmil.com Start earning your degree today! University of Phoenix offers graduate degree programs in Business Administration, Arts in Education/ Curriculum and Instruction, Arts in Education/Administration, and Supervision, Arts in Education/ Teacher Education (Elementary and Secondary). Contact your local University of Phoenix representative for information or visit our website.



#### CENTRAL TEXAS COLLEGE (CTC) DSN 423-7447; CIV 065-44-7447 www.europe.ctcd.edu

Central Texas College offers associate's degree programs in a variety of Vocational Technical fields. We have classes at SHAPE and Brussels. Distance learning is also available for those who prefer taking classes online. Contact your local CTC representative for information or visit the CTC website.

#### USAG BENELUX EDUCATION **CENTER ON SHAPE**

UNIVERSITY OF MARYLAND **UNIVERSITY COLLEGE EUROPE** (UMUC)

DSN 423-5173; CIV 065-44-5173 shap@fieldrep.ed.umuc.edu www.ed.umuc.edu

The mission of UMUC Europe is to provide academic programs to members of U.S. military communities throughout the European Command. The goal is to make those programs accessible to students who already have substantial commitments to careers and families. Through the undergraduate and graduate

> programs offered, members of the military services and civilians overseas can take individual classes for personal enrichment or pursue a program of course-work leading to a certificate, associate's degree, bachelor's degree, or master's degree. Learn more by visiting our website our your local representative at the Education Center.

#### **UNIVERSITY OF OKLAHOMA - OU**

DSN 423-3654 (SHAPE) DSN 364-6003 (Treebeek) DSN 458-6098 (Geilenkirchen) apshape@ou.edu

## www.goOU.ou.edu

A degree from the University of Oklahoma symbolizes a high quality education and OU's dedication to excellence. In 1964, the University began serving the educational needs of the United States Armed Forces. Today, thousands of men and women have

completed their degrees; you too can experience the tradition and heritage of a higher education offered by OU. Earn your Master's in Human Relations and/or a Master's in International Relations. Degrees are offered in an intensive format, requiring 36 semester hours. There is no thesis or admissions test required. Admission is based on vour undergraduate GPA. Contact your local field representative or visit our web page for more information.

# Registration for Term I **August 7 - 21**

Term 1: August 21 - October 14

#### **COMMUNITY RECREATION**

**Community Activity Center (CAC)** 

Hangar 4, Chièvres Air Base Fitness Center and Library are also located in the CAC. DSN 361-5506; CIV 068-27-5506

e-mail address:

#### chievresactivitycenter@benelux. army.mil

We have regular scheduled activities in our gym and community room along with special events and functions. Please see our posted schedule on the Sports and Fitness Board. As soon as we know our regular schedule will be interrupted, we will post the changes. The CAC is also available for private and official functions to include a variety of events such as birthday parties, bazaars, traditional holiday observances, etc.

#### CHIÈVRES AIR BASE LIBRARY

The Chièvres Library is now online and automated! We have joined the Army Europe Libraries' (AEL) European Library General Information System (EGLIS). Stop in to see our exciting new changes and check-out our growing collection of over 10,000 books, including new bestsellers, current release DVDs, videotapes, audio books and language tapes. The staff is available to assist patrons with book recommendations, as well as to provide reference services through AEL online databases and journals. Internet access is available on five modern workstations and limited photocopying service is free.

#### CHIÈVRES AIR BASE LIBRARY

Chièvres Air Base (CAC) DSN 361-5767; CIV 068 27-5767 Tue - Fri, noon - 6 p.m. Sat, 10 a.m.- 5 p.m. Closed Sun, Mon, and holidays



# Chieures library Summer Reading Program

Program is active 27 June to 8 August Open to children up to 12 years old US and Canadian ID cardholders



#### FITNESS CENTER

Chièvres Air Base, CAC DSN 361-5643; CIV 068 27-5643 Mon - Fri, 6 a.m. - 9 p.m. Sat, 10 a.m.- 7 p.m. Sun, 10 a.m. - 5 p.m. Call for Holiday schedule.

#### **Fitness Center Orientation**

First time here? Aren't sure what to do and how the equipment is set up? When is the best time to workout or how does the TV channel get changed? Heard we have a sauna, an indoor and outdoor running track, and extra locker rooms? Join us for a 45 min. organized tour of the facility. You will familiarize yourself with our services, programs, and equipment. We're happy you're here and we're here to serve you! Get off on the right foot and sign up for a fitness center orientation offered every fourth Thursday of the month. If you can't make it to the tour, we're still here to answer all your questions.

#### W.O.W. - Women on Weights

Tue and Fri 9:30 a.m. - 10:30 a.m. Class will be limited to eight people. You must sign up at the Fitness Center desk.

#### **YOGA for Every Body**

Tue and Thu 10:30 a.m. - 11:30 a.m. Increase your flexibility, increase your endurance, strenath AND unwind! Available for all fitness levels.

#### **Body Blast**

Mon and Wed 9:30 a.m. - 10:30 a.m. Enjoy a combination of cardio, yoga and weight bearing exercises in this fun and diversified one hour workout. Please sign up at the Fitness Center.

#### **HELPFUL HINTS**

#### PCSing soon? Here are some tips on how to prepare your POV for shipment:

Visit your local transportation office. Schedule an appointment with the Vehicle Processing Center (DSN 361-5420) a few weeks before departure. The day you drop off your POV for shipment ensure that:

- Your POV exterior/interior/trunk/hood are spotlessly clean especially between and under the seats, and spare tire.
- You have less than 1/4 tank of gas.
- You have an EPA sticker under the hood.
- You have a DOT sticker in the driver's door.
- All brakes are functioning 100%.
- You have a valid registration/title of the POV.

If your POV does not meet all of the above requirements, it will not be shipped. Feel free to stop by the Vehicle Processing Center to receive more information on the correct shipping procedures and on how to obtain documents such as EPA's and DOT stickers.

> Candice Beumier U.S. Army Contracting Officer

#### **HEALTH AND WELLNESS**

SHAPE Health Care Facility, Conference Room (second floor) DSN 423-5948; CIV 065-44-5948

#### **Weight Loss Support Group**

Every Tuesday 9 a.m. - 9:30 a.m.

#### **Weight Loss Class**

Second and fourth Tuesday of each month, 9:30 a.m. - 10:30 a.m.

#### **Self-Care Class**

DSN 423-5886; CIV 065-44-5886 Second and fourth Tuesday of each month, 10:30 a.m. - 11:30 a.m. Pre-registration is required for the classes. No sign up is needed for the support group. No classes July 4 & Aug 15.

#### **SHAPE ATHLETICS**

#### **Main Gym**

Bldg. 313 DSN 423-5325; CIV 065-44-5325 Mon - Fri, 6:25 a.m. - 9 p.m. Sat, Sun, SHAPE holidays, 10 a.m. - 4 p.m.

The Main Gym offers a variety of fitness classes, basketball, volleyball, badminton, squash, racquetball, handball, indoor swimming pool, an aerobic dance studio, a fully fitted fitness suite, wet and dry changing areas with single-sex saunas.

#### **Indoor Swimming Pool**

DSN 423-5583; CIV 065-44-5583

Lane Swim Mon - Fri, 6:30 a.m. - 8 a.m.; 11:30 a.m. - 1:15 p.m.; 5:30 p.m. - 7 p.m.

Family/Open Swim Mon - Fri, 5:30 p.m. - 7 p.m. Sat, Sun, SHAPE holidays, 10 a.m. - 3:30 p.m.

#### **Green Gym**

Bldg. 404, next to the athletics track DSN 423- 5325; CIV 065-44-5325 Mon - Fri, 6 a.m. - 9 p.m. Sat, Sun, SHAPE holidays, 10 a.m. - 4 p.m.

The facility has an abundance of free weights, two indoor tennis courts and a limited amount of CV equipment.

#### **Circuit Training**

Mon, Wed, Fri, 12:30 p.m. - 1:30 p.m. Never a fee! Pay in sweat and tears!

#### SHAPE AUTO SKILLS CENTRE

Bldg. 314, SHAPE DSN 423-4693; CIV 065-44-4693 Open Tue -Thu, noon - 8 p.m. Fri, noon - 6 p.m., Sat,10 a.m.- 6 p.m. Closed Sun, Mon and SHAPE holidays.

Keep your vehicle in peak running condition and save money by taking advantage of all the tools and facilities available. The Auto Crafts Shop offers 14 work areas and four lifts with tools available to use for the simplest to the most complex automotive repairs.

Qualified mechanics can assist you and lend a hand if needed. The services available include wheel balancing, head light adjustment, oil-changing, pre-Controle Technique (CT) inspections, and much more.

#### **SHAPE BOWLING**

Bldg. 502, SHAPE DSN 423-5697; CIV 065-44-5697 Mon - Thu, 11 a.m. - 11 p.m. Fri- Sat, 11 a.m. - 1 a.m. Sun, noon - 11 p.m SHAPE holidays, noon - 11 p.m.

#### **Cosmic Bowl**

Glow-in-the-dark bowling happens Friday and Saturday nights.

#### **Bowling Special**

Mon and Fri, 11 a.m. - 2 p.m. Pay **€1.00** per game. WOW!

#### **Bowling Birthday Parties**

Try the Pizza Bowl for your child's next party complete with party favors, shoes and bumper bowling. The Pizza Bowl is also available for teen and adult parties.

## Sunday is Family Day

All games are only **€1.50** 

#### **SHAPE Holidays**

Bowl for €1.50 per game

#### **Pro Shop**

Stop by the Pro Shop for many choices in bowling equipment. The Pro Shop also offers a state of the art drill press for drilling balls; any bowling ball can be drilled on site. Appointments are required.

#### **Snack Bar**

Come try a delicious pizza and check-out our new snack bar menu with many items such as biscuits and gravy, Mexico platter with tacos, burritos, Spanish rice and refried beans, chicken caesar salad, French toast, and Otis Spunkmeyer muffins and cookies.

#### **SHAPE BOWLING**

#### Leagues

The Pizza Bowl is a 12-lane bowling center which provides services for 11 leagues, consisting of a large youth program, men's, women's, and mixed bowling. If you are not in a league, come and see all the fun and excitement that we have in store for you!

#### ANIMAL SERVICES

#### **Chièvres Veterinary Clinic**

Caserne Daumerie, Bldg. 10 DSN 361-5435; CIV 068-27-5435 Hours of operation: July 5, 6, 17, 18, 31; 9 a.m. - 3 p.m. Call for August hours.

All incoming U.S. military and DOD civilians must register their pets at the Chièvres Veterinary Clinic on Caserne Daumerie. Dogs, cats and ferrets must be vaccinated for rabies. Bring your furry friends in for health certificates, vaccinations, on-going medical conditions, nail trimming and ear cleaning. Emergency services are not available, however, a list of providers will be furnished upon request. For all out-processing U.S. military and DOD civilians, you must sign out your records prior to departure. Health certificates are required in order to transport your animal to the next duty station. Call the clinic for more information.



#### **Chièvres Boarding Kennel**

Chièvres Air Base, Bldg. 30 DSN 361-5436; CIV 098-27-5436 Mon - Fri, 8:30 a.m. - 4:30 p.m. Lunch 1 p.m. - 2 p.m. Sat and Sun, noon - 2:30 p.m. American and SHAPE holidays noon - 2:30 p.m.

Whether you're settling into your new home, out-processing or simply going on vacation, we will gladly take care of your pets; from dogs to snakes to goldfish. Please note, no livestock will be accepted.

#### **SHAPE Entertainment Centre**

Bldg. 207, SHAPE
DSN 423-3312/8241;
CIV 065-44-3312/8241
www.shapeonline.net

olivier.galloo@benelux.army.mil Box Office Hours: 2 p.m. - 5:30 p.m.

#### 2006 Theatre Summer Camp

The Group Workshops will involve all aspects of theater starting with performance, including all aspects of production (set, costumes, lights and stage properties) and culminating with four presentations of Disney's ALADDIN Jr, a new musical play from the popular Disney animated film. All three groups will be involved in the presentation and also be responsible for the creation of the production from start to finish, learning the nuts and bolts of theater.

Beginning the week of July 10th through Saturday, August 5th the SHAPE Entertainment Centre will be offering Theater Summer Camp 2006 for three age groups.

**Group 1**: Grades 3rd, 4th & 5th – Mon, Tue and Thu, 9 a.m. - 12 p.m. **Group 2**: Grades 6th, 7th & 8th – Mon, Wed, Fri, 1:30 p.m. - 4:30 p.m. and Sat, 10 a.m. - 1 p.m.

Group 3: Grades 9th, 10th, 11th & 12th – Mon, Tue, Thu, 5:30 p.m. - 8:30 p.m. and Sat, 10 a.m. - 1 p.m. ALL Groups: July 31st through August 5th Mon - Fri, 5:30 p.m. - 9 p.m. and Sat, 12 p.m. - 3:30 p.m. and 6:30 p.m. - 9 p.m. (Groups 1 & 2 will not meet during the day this week.)

FEE: €200

#### Performances:

Thu, August 3, 7:30 p.m.

Fri, August 4, 7:30 p.m.

Sat, August 5, 2 p.m. and 7:30 p.m.

General Admission: €5

#### **Singing and Voice Lessons**

at the SHAPE Entertainment Centre. Have you always wanted to learn how to sing or needed voice coaching lessons? This is your chance! SHAPE Entertainment has classes for you. You can choose from four different courses. For more information and to sign up, contact the SHAPE Entertainment Centre.

#### **SHAPE Entertainment Centre**

THE SHAPE PLAYERS 2006-2007 Season

October Wings

by Arthur Kopit

Emily Stilson, a former aviatrix and stunt pilot, suffers a stroke and is plunged into a disoriented world. The doctors seem to be speaking gibberish and they can't seem to understand her. More than a play about a stroke and the battle to recover, *Wings* is about a woman hauntingly suspended between life and death.

#### **Chamber Music**

by Arthur Kopit

The meeting takes place in a sanitarium where inmates believe themselves to be great pioneer women, a.k.a. Joan of Arc, Amelia Earhart etc. These improbable characters come up with a plot to save themselves from attack by the men's ward. In this 1965 play, Kopit mixes pathos with black humor, introducing plenty of plot twists to keep the audience absorbed until the climatic ending.

#### November

#### Oliver!

Music, Lyrics and Book by Lionel Bart

Charles Dickens' touching tale of an orphan boy who runs from the orphanage, just to end up in the London criminal underworld, working for the sinister Fagin. *Oliver* will engage the audience with its pathos and drama, while delighting everyone with its outstanding musical numbers.

#### February

# The Lusty and Comical History of Tom Jones

Adapted by John Morrison from Henry Fielding's novel *Tom Jones,* a Foundling

Squire Allworthy is a rich, kind and virtuous man. One night he finds an infant hidden between his bed sheets. The boy is given the name Tom Jones and is taken in to be raised by Allworthy's sister Bridget and her husband, Captain Blifil. Tom grows up to be a likeable, but lusty fellow. His inability to resist the charms of attractive ladies and the jealousy of enemies like Thwackum

#### **SHAPE Entertainment Centre**

and Square result in Tom's banishment. The novel centers upon his countless trials, experiences and misunderstandings, which lead him to find not only his rightful place in life, but also true love.

#### March

#### **Two Gentlemen of Verona**

The Rock Musical

Music by Galt MacDermot; Lyrics by John Guare; Book by John Guare and Mel Shapiro based on the play by William Shakespeare

Valentine and Proteus are good friends until Proteus falls for Silvia, Valentine's love interest. Proteus wants Silvia at any cost and forgets his devoted Julia and his friendship with Valentine. In this play, Shakespeare pokes fun at the conventions of friendship, love and romance, while creating an adventure with surprising twists and engaging characters. Proteus, Valentine, Julia and Silvia are young, innocent and full of life. You cannot help but smile as they work their way through romantic entanglements.

#### June

#### Viva Las Wedding

Conceived and written by Dan LaMorte; Music and Lyrics by CW3 Gordon Kippola

Premiered in Germany in Nov, 2003 Join Mickey, Marie and their wacky families for the interactive experience of your life. You'll be more than a member of the audience, you'll be part of the family!

Viva Las Vegas Wedding is an interactive musical comedy, combining a simulated Italian wedding with audience participation and at the same time follows a musical comedy theater formula. The show is filled with laughter, music, dancing, singing and most importantly food, which makes for wonderful entertainment. Come join us for this incredible event, which will make you split your gut with laughter and fill it at the same time.

Save 20%!

On SHAPE Entertainment Centre Season Tickets 065-44.3312

Save 20%!

# 2006 Theatre Summer Camp

July 10th through August 5th Theatre Summer Camp for three age groups Four presentations of Disney's ALADDIN Jr.

Grades 3rd, 4th & 5th – Monday, Tuesday and Thursday, 9 a.m. to Noon Grades 6th, 7th & 8th – Monday, Wednesday and Friday, 1:30 to 4:30 p.m. Grades 9th, 10th, 11th & 12th – Monday, Tuesday, Thursday, 5:30 to 8:30 p.m.



**SHAPE Entertainment Services** 

To reserve a place or for more information call: 065 443312 or DSN 423-3312

SHAPE Entertainment Centre

> Fee 200 Euro

#### **SHAPE ARTS & CRAFTS CENTRE**



## Custom made shadowboxes available now in five different designs.

Stop by your SHAPE Arts and Crafts Centre for more information.



#### SHAPE ARTS & CRAFTS CENTRE

Bldg. 209, SHAPE DSN 423-4680; CIV 065-44-4680 Mon - Thu, 8:30 a.m. - 5:30 p.m. Fri, 8:30 a.m. - 4:30 p.m. Closed Sat/Sun and SHAPE holidays.

Are you looking for a special item: a personalized desk name plate or an award? Come and see our selection of wooden pen boxes, acrylic awards, plaques, and various other unique items to be engraved.

#### Turn Clay Into Silver...

In this exciting silver alchemy class you will learn how to work with precious metal clay, a new and intriguing material that looks and feels like clay, but changes into pure silver during firing. Stefanie Triebe-Goppner will teach you in two lessons how to cut, model, texture and assemble all sorts of artifacts and observe them turning into pure silver.



#### **OUTDOOR RECREATION CENTRE**

Bldg. 307, SHAPE DSN 423-5380; CIV 065-44-5380 Mon - Fri, 10 a.m. - 4 p.m. Closed Sat, Sun, and SHAPE holidays.

Stop by and pick up a price list!

The Outdoor Recreation Rental Centre offers a wide variety of outdoor recreation equipment and has everything you need for outdoor activities. Stop by and pick up a complete listing, for every recreational event you are planning, whether it is for your friends, family or your unit. Items available are ski equipment, mountain bikes, camping gear, heaters, tables, canopies, lawn sport equipment, large inflatable party entertainment items, grills, and super cookers.

#### **SHAPE TRIPS & TOURS**

Bldg. 307, SHAPE Community Activity Centre DSN 423-3884; CIV 065-44-3884 FAX 065-44-5754

E-mail: st&t@benelux.army.mil Mon - Fri, 9 a.m.- 4 p.m. Closed SHAPE holidays.

#### http://www.Shapeonline.net

Family visiting? No worries. Guests are welcome to travel with us as long as they are accompanied by an authorized ID card holder and submit a completed visitors pass prior to travel.

#### **Fashionable Paris**

July 7 (Fri)

Join us for a perfume museum tour, fashion show, and free time.

Price: €34

#### **Rhine River Cruise**

July 8 (Sat)

Price: €47 Adult; €37 Youth (three through 13 yrs. old); €28 Child (up

to two years old)

#### **Deep Sea Fishing**

July 8 (Sat) Price: €49

#### Movie Park, Germany

July 12 (Wed)

Price: €54 Adult; €35 Child (up to

three yrs. old)

#### **London Weekend**

July 14 - 16 (Fri - Sun) Join us for this very popular trip to London. We will once again be staying at the four star Thistle Tower hotel on the Thames River, next to the Tower Bridge.

Price: €189 per person double, twin, triple, quad room; €249 per person in a single room: €134 Youth\* (five through 12 yrs. old); €79 Child\*(up to four vrs. old).

\* When sharing a room with two fully paying guests.

#### **Amsterdam**

July 15 (Sat)

The day is yours to explore this incredible European city with a flavor all of its own.

Price: €27

#### Horseback Trail Ride, Chaleux, **Belgium**

July 15 (Sat) Price: €40

#### **SHAPE TRIPS & TOURS**

#### Wales, UK

July 20-23 (Thu - Sun) Join us as we visit the beautiful and historic countryside of Wales. Trip includes guided tours of Bath, Cardiff Castle and area, Monmouth, Monnow Bridge, and White Castle. Price: €425 per person in double, twin, triple room; €495 single room; €300 Youth\* (three through 12 years old); €140 Child\*(up to two yrs. old) \* When sharing a room with two fully paying guests.

#### **Kayaking**

July 21 (Fri - SHAPE holiday) Join the adventure! This trip is for everyone, beginners and experts alike. Price: €35 single kayak; €29 per person in double kayak.

#### **Star War Expo**

July 22 (Sat)

Behind the scenes of George Lucas' world famous cinema saga.

Price: €37

#### **Antwerp Zoo**

July 27 (Thu)

Spend the day at one of the oldest and most famous zoos in the world. Price: €34 Adult; €29 Youth (three through 12 yrs. old); €19 Child (up to two yrs. old).

#### **Dinant Citadel and Meuse River** Cruise

July 29 (Sat)

Spend your day in Dinant with a tour of the Citadel, cable car ride, and cruise on the Meuse River.

Price: €35 Adult: €33 Youth (four through 14 yrs. old); €19 Child (up to four yrs. old).

#### Horseback Riding in Cuesmes, **Belgium**

July 30 (Sun)

You will get the necessary training to ride a horse to the highest hill in the Mons area.

Price: €25

#### Summer Fun in Switzerland

July 30 - Aug 4 (Sun - Fri) Experience the tranquil beauty of this alpine country!

Price: €565 per person in double. twin, triple room: €614 single room: €500 Youth\* (three through 12 yrs. old); €225 Child\* (up to two yrs. old). \* When sharing a room with two fully paying guests.

#### **SHAPE TRIPS & TOURS**

#### **Grottos of Han**

Aug 2 (Wed)

Join us in Han-sur-Lesse to explore the mysteries of the world famous underground cave (grotto). Price: €39 Adult; €32 Youth (six through twelve yrs. old); €30 Child (three through five yrs. old); €30 Child (up to two yrs. old).

#### Chimay, Belgium

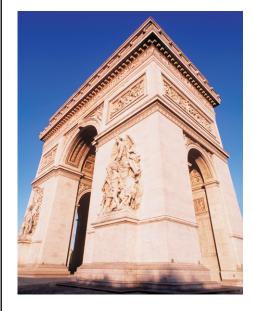
Aug 5 (Sat) Price: TBA

Buckingham Palace, London

Aug 5 (Sat) Price: TBA

#### **EuroDisney, Paris**

Aug 9 (Wed) Price: TBA



#### **Paris**

Aug 12 (Sat) Price: TBA

#### Labyrinth & Topiary Parks, **Belgium**

Aug 15 (Tue - SHAPE holiday)

Price: TBA

#### **Rhine River View**

Aug 19 (Sat) Price: TBA

#### Delft & Gouda, Netherlands

Aug 26 (Sat) Price: TBA

#### Family Hike St. Denis/Casteau

Aug 27 (Sun)

History and culture awaits us as we take a casual hike through the beautiful Saint Denis/Casteau area. Our hike will start from Casteau Grand Place and we will guide you though the village, the woods and the quiet lakes of Saint Denis. This easy hike is suitable for all levels of

fitness! Price: €10

#### SILVER SPOON - HQ Cafeteria

Bldg. 102, SHAPE DSN 423-5114; CIV 065-44-5114 **Breakfast** 

Mon -Fri, 7:30 a.m. - 10 a.m. **Lunch** 

Mon - Fri, 11:30 a.m. - 2 p.m.

#### Café Bar

Mon - Thu, 9 a.m.- 5 p.m.
Fri, 9 a.m - 3:30 p.m.
The HQ Cafeteria offers a large variety of choices from sandwiches, to hot full-course meals, and a large salad bar. For a menu listing, pick up a SHAPE Community Life magazine or www.shapeonline.net.

#### **SHAPE CLUB**

Bldg. 903, SHAPE
DSN 361-4133; CIV 065-44-4133
Dining Room Lunch
Mon - Fri, 11:30 a.m. - 1:30 p.m.
Steak Night Thu, 6 p.m - 9 p.m.
Ballroom is available to rent for
receptions. The Namur room at the
SHAPE Club is now open as a new
dining area. Enjoy our all-inclusive
business lunch special for €7.50.

#### **Mons Bar**

Mon - Wed, 5 p.m. - 11:30 p.m. Fri, 3:30 p.m.- midnight for Disco Nights. Food service available Mon - Fri, 6 p.m. - 9 p.m. Happy Hour Wed, 6 p.m. - 7 p.m. Dart Night every Monday only €5.

#### **Sunday Brunch**

Call for reservations.

#### PRIME TIME LOUNGE

Caserne Daumerie, Bldg. 7 DSN 361-5540; CIV 068-27-5540

Breakfast Mon - Fri, 7 a.m. - 9 a.m.

Lunch

Mon -Fri, 11:30 a.m.-1:30 p.m.

#### Free Food on Fridays!

5 p.m.- 7 p.m. Come join the fun every Friday night, 9 p.m. - 2 am.

**Karaoke**, professional pool tables, Internet Café and good music.

#### SHAPE EVENTS CENTRE

Bldg. 303, SHAPE Because YOU deserve it, every Friday Night! Fri, 4 p.m - 1 a.m. Happy Hour, 5 p.m.- 6 p.m. Disco, 9 p.m.- 1 a.m.

Join us for Boogie Nights every Friday night and dance to your favorite tunes!

Claim your Stammtisch table for the night! The SHAPE Events Centre is the perfect place to play pool, darts, and watch your favorite games on the big screen TV or chat with friends.



## **PEOPLE IN YOUR COMMUNITY**

by Johanna Krause

SGT Thomas Athanasiou is a senior NCO in the Greek Army and is the Morale & Welfare Branch supervisor at SHAPE. You might not recognize his face, but he is the main organizer of the annual SHAPE Flea Markets, the creator of the Events Centre logo, and one of the chief coordinators for the upcoming Fun Fest. In preparation for Fun Fest, SGT Athanasiou is trying to ensure that there will be plenty of fun activities, demonstrations and events for all to enjoy.

SGT Athanasiou is highly appreciated by his staff and his supervisors. His upbeat and helpful manner, his dedication to duty and his professionalism, make him a valuable asset to our community. According to SGT Athanasiou, the best feature about living in this community is working with people of different nationalities and learning about their culture, especially sampling the food. He enjoys his work, traveling, music and making new friends.



If you would like more information on the Fun Fest or the Flea Markets, stop by the Morale & Welfare Branch and speak to SGT Thomas Athanasiou or simply call his office at: DSN 423-4269; CIV 065-44-4269. He will be more than happy to help you.

#### New to the community?

**USAG Benelux Newcomer's Briefing** July 12 and Aug 9, get a complete overview of the military community on SHAPE/Chievres. Come to the Hotel Le Maisières at 8.30 a.m. and find out more about your new neighborhood. The briefing is open to all U.S. ID card holders. Call CIV 065-44-4332 for more details. All participants are treated to a free lunch, sponsored by Main Gate Insurance, Berghoff and Quality Furniture.

**W.E.B. Office** Welcoming Everyone to Belgium is located in the Hotel Le Maisières, beside the American Lounge and open Monday through Friday from 9 a.m.- noon. The W.E.B. office is an ACS outreach program connecting community members and providing assistance with services, activities, and information about events in the local area.

**Take the Bus** Explore with ACS and learn how to find your way around the area using the Belgian bus system. Call: CIV 065-44-4332 for July and Aug dates.

**Take the Train** Find out how you can discover your new area while traveling around using the Belgian train system on Saturday, July 15 and Aug 12, 8:30 a.m.- 3:45 p.m. For details, call ACS at CIV 065-44-4332.

**French HEADSTART** A free 30 hour introduction to the French language and Belgian culture. Instructors are French native speakers. The course <u>is mandatory for all USAREUR soldiers E1 to O5</u>. Other active duty military and adult family members may attend on a space available basis and openings may be filled by any member of NATO/SHAPE/ Chièvres community. There is no fee and a textbook is provided. Please call the Education Center at CIV 065-44-3466 to register for July and Aug classes.

**Rendez-Vous with French** This free course is designed to teach you some key words and phrases in the French language and to give you tips about local customs. Rendez-Vous with French is not a substitute for a language class, but it can assist you on where to find the best language training in the area. Class is scheduled for July 18, 9 a.m. - noon. To sign up, please call the Welcome Everyone to Belgium (WEB) office at the Hotel Le Maisières at DSN 366-6252 or ACS at 423-7598.

**SHAPE Language Centre** provides language training in English, French, and a variety of other languages, namely Dutch, German, Greek, Italian, Spanish, Polish, Portuguese, Turkish, and Russian. This is a wonderful opportunity to learn another language. Receive a 50 percent discount on your dependents first English or French beginner course if you sign-up within your first six months in the community. The Language Centre offers a Spring/Summer, and Fall/Winter class and is located on SHAPE in Bldg. 211. Call CIV 065-44-4971 for Summer Course Intensives and additional information.

Job Opportunities Workshop Every Wednesday morning the Army Community Service - ACS Employment Readiness Program (located in Bldg 318, Room 118, SHAPE) offers a workshop to assist family members in their job search and career development. The ACS Employment Readiness Program works closely with the Civilian Personnel Advisory Center (CPAC) to provide a full range of employment-related services from building your resume, to working with Resumix and giving tips for a smooth job interview. Active duty service members, civilian employees, retirees, surviving spouses, and family members (to include youth) are eligible to use these services. To register, call CIV 065-44-4904.

**Lending Locker** Call ACS at CIV 065-44-4332 to borrow items while moving. The Lending Locker is open Mon - Fri, 9 a.m. -1 p.m, located on SHAPE in Bldg. 318 and offers many useful items, including vacuum cleaners, until your household goods arrive.

# **Hotel Le Maisières**

DSN 366-7211: CIV 065-32-7211

Rates: \$89-\$93 Continental Breakfast included. Internet café, fitness center, laundry facilities, pet friendly rooms and much more.



# Hotel Robbing Le Maisières

# 90 Rooms





Complimentary Continental Breakfast

Internet Café (Free of Charge)
BBQ and Picnic Area
Outdoor Playground
Pet Friendly Rooms
Guest Laundry Facilities
(24 hours, free of charge)
Brand New Fitness Center

Brand New Fitness Center Indoor Play Area





Rates: \$83 - \$93 \$5 additional person

Hotel Le Maisières - 189a Ch. De Bruxelles - 7020 Maisières, Belgium DSN TEL: 366-7212







The only place to get discovered in the Benelux!

# Prime Time Lounge, Bldg #7 Aug 4 to Sep 29

Caserne Daumerie, Belgium

Prizes to Win!



Every Friday Night at 8:30 p.m.

Vocalist Competition - A Capella and CD accompaniment only

1st place: \$500 for winner and \$500 for winner's unit - Finalist compete in the U.S.A.

2nd place: \$250 for winner 3rd place: \$100 for winner

All active duty, all branches of service are eligible.

Applications can be found online, at the Pizza Bowl, PTL, Chievres Gym, SHAPE-American Dining Facility, and the 4th of July Celebration fest tent at SHAPE.

www.armymwr.com/portal/recreation/promotions/militaryidol/